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# China and the World

## East Asian Connections

600–1300



### Together Again: The Reemergence of a Unified China

A “Golden Age” of Chinese Achievement  
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### China and the Northern Nomads: A Chinese World Order in the Making

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#### Working with Evidence: The Leisure Life of China’s Elites

“China will be the next superpower.”<sup>1</sup> That was the frank assertion of an article in the British newspaper the *Guardian* in June 2006. Nor was it alone in that assessment. As the new millennium dawned, headlines with this message appeared with increasing frequency in public lectures, in newspaper and magazine articles, and in book titles all across the world. China’s huge population, its booming economy, its massive trade surplus with the United States, its entry into world oil markets, its military potential, and its growing presence in global political affairs—all of this suggested that China was headed for a major role, perhaps even a dominant role, in the world of the twenty-first century. Few of these authors, however, paused to recall that China’s prominence on the world stage was hardly something new or that its nineteenth- and twentieth-century position as a “backward,” weak, or dependent country was distinctly at odds with its long history. Is China perhaps poised to resume in the twenty-first century a much older and more powerful role in world affairs?

**I**n the world of third-wave civilizations, even more than in earlier times, China cast a long shadow. Its massive and powerful civilization, widely imitated by adjacent peoples, gave rise to a China-centered set of relationships encompassing most of eastern Asia. China extended its borders deep into Central Asia, while its wealthy and cosmopolitan culture attracted visitors from all over Eurasia. None of its many neighbors—whether nomadic peoples to the north and west or smaller peripheral states such as Tibet, Korea, Japan, and Vietnam—could escape its gravitational pull. All of them

**Chinese Astronomy** The impressive achievements of Chinese astronomy included the observation of sunspots, supernovae, and solar and lunar eclipses as well as the construction of elaborate star maps and astronomical devices such as those shown here. The print itself is of Japanese origin and depicts a figure wearing the dragon robes of a Chinese official. It illustrates the immense cultural influence of China on its smaller Japanese neighbor.

had to deal with China. Far beyond these near neighbors, China’s booming economy and many technological innovations had ripple effects all across the Afro-Eurasia world.

Even as China so often influenced the world, it too was changed by its many interactions with non-Chinese peoples. Northern nomads—“barbarians” to the Chinese—frequently posed a military threat and on occasion even conquered and ruled parts of China. The country’s growing involvement in international trade stimulated important social, cultural, and economic changes within China itself. Buddhism, a religion of Indian origin, took root in China, and, to a much lesser extent, so did Christianity and Islam. In short, China’s engagement with the wider world became a very significant element in a global era of accelerating connections.

### SEEKING THE MAIN POINT

Chinese history has often been viewed in the West as impressive perhaps, but largely static or changeless and self-contained or isolated. In what ways might the material in this chapter counteract such impressions?

## Together Again: The Reemergence of a Unified China

The collapse of the Han dynasty around 220 C.E. ushered in more than three centuries of political fragmentation in China and signaled the rise of powerful and locally entrenched aristocratic families. It also meant the incursion of northern nomads, many of whom learned Chinese, dressed like Chinese, married into Chinese families, and governed northern regions of the country in a Chinese fashion. Such conditions of disunity, unnatural in the eyes of many thoughtful Chinese, discredited Confucianism and opened the door to a greater acceptance of Buddhism and Daoism among the elite. (See Zooming In: Ge Hong in Chapter 5, page 196.)

Those centuries also witnessed substantial Chinese migration southward toward the Yangzi River valley, a movement of people that gave southern China some 60 percent of the country’s population by 1000. That movement of Chinese people, accompanied by their intensive agriculture, set in motion a vast environmental transformation, marked by the destruction of the old-growth forests that once covered much of the country and the retreat of the elephants that had inhabited those lands. Around 800 C.E., the Chinese official and writer Liu Zongyuan lamented what was happening:

A tumbled confusion of lumber as flames on the hillside crackle  
Not even the last remaining shrubs are safeguarded from destruction  
Where once mountain torrents leapt—nothing but rutted gullies.<sup>2</sup>

### *A “Golden Age” of Chinese Achievement*

Unlike the fall of the western Roman Empire, where political fragmentation proved to be a permanent condition, China regained its unity under the Sui dynasty (589–618). Its emperors solidified that unity by a vast extension of the country’s canal system, stretching some 1,200 miles in length and described by one scholar as

#### AP® EXAM TIP

Be prepared to contrast the aftermath of Rome’s fall near the end of the classical era with that of the fall of the Han dynasty in China.

## A MAP OF TIME

39 C.E.	Trung sisters' rebellion against China in Vietnam
4th–7th centuries	Early state building in Korea
300–800	Buddhism takes root in China
589–618	Sui dynasty and the reunification of China
604	Seventeen Article Constitution in Japan
618–907	Tang dynasty in China
688	Withdrawal of Chinese military forces from Korea
794–1192	Heian period in Japanese history
845	Suppression of Buddhism in China
868	First printed book in China
939	Vietnam establishes independence from China
960–1279	Song dynasty in China
ca. 1000	Invention of gunpowder in China; beginning of foot binding
1000	<i>The Tale of Genji</i> (Japan)
1279–1369	Mongol rule in China

“an engineering feat without parallel in the world of its time.”<sup>3</sup> Those canals linked northern and southern China economically and contributed much to the prosperity that followed. But the ruthlessness of Sui emperors and a futile military campaign to conquer Korea exhausted the state’s resources, alienated many people, and prompted the overthrow of the dynasty.

This dynastic collapse, however, witnessed no prolonged disintegration of the Chinese state. The two dynasties that followed—the Tang (618–907) and the Song (960–1279)—built on the Sui foundations of renewed unity (see Map 8.1). Together they established patterns of Chinese life that endured into the twentieth century, despite a fifty-year period of disunity between the two dynasties. Culturally, this era has long been regarded as a “golden age” of arts and literature, setting standards of excellence in poetry, landscape painting, and ceramics. (See *Working with Evidence: The Leisure Life of China’s Elites*, page 356.) Particularly during the Song dynasty, an explosion of scholarship gave rise to Neo-Confucianism, an effort to revive Confucian thinking while incorporating into it some of the insights of Buddhism and Daoism.

Politically, the Tang and Song dynasties built a state structure that endured for a thousand years. Six major ministries—personnel, finance, rites, army, justice, and public works—were accompanied by the Censorate, an agency that exercised

### Guided Reading Question

#### ■ CHANGE

Why are the centuries of the Tang and Song dynasties in China sometimes referred to as a “golden age”?



**Map 8.1** Tang and Song Dynasty China

During the third-wave millennium, China interacted extensively with its neighbors. The Tang dynasty extended Chinese control deep into Central Asia, while the Song dynasty witnessed incursions by the nomadic Jurchen people, who created the Jin Empire, which ruled parts of northern China.

surveillance over the rest of the government, checking on the character and competence of public officials. To staff this bureaucracy, the examination system was revived and made more elaborate, facilitated by the ability to print books for the first time in world history. Efforts to prevent cheating on the exams included searching candidates entering the examination hall and placing numbers rather than

names on their papers. Schools and colleges proliferated to prepare candidates for the rigorous exams, which became a central feature of upper-class life. A leading world historian has described Tang dynasty China as “the best ordered state in the world.”<sup>4</sup>

Selecting officials on the basis of merit represented a challenge to established aristocratic families’ hold on public office. Still, a substantial percentage of official positions went to the sons of the privileged, even if they had not passed the exams. Moreover, because education and the examination system grew far more rapidly than the number of official positions, many who passed lower-level exams could not be accommodated with a bureaucratic appointment. Often, however, they were able to combine landowning and success in the examination system to maintain an immense cultural prestige and prominence in their local areas. Despite the state’s periodic efforts to redistribute land in favor of the peasantry, the great families of large landowners continued to encroach on peasant plots, a recurring pattern in rural China from ancient times to the present.

Underlying these cultural and political achievements was an “economic revolution” that made Song dynasty China “by far the richest, most skilled, and most populous country on earth.”<sup>5</sup> The most obvious sign of China’s prosperity was its rapid growth in population, which jumped from about 50 million or 60 million during the Tang dynasty to 120 million by 1200. Behind this doubling of the population were remarkable achievements in agricultural production, particularly the adoption of a fast-ripening and drought-resistant strain of rice from Vietnam.

Many people found their way to the cities, making China the most urbanized country in the world. Dozens of Chinese cities numbered over 100,000, while the Song dynasty capital of Hangzhou was home to more than a million people. A Chinese observer in 1235 provided a vivid description of that city.<sup>6</sup> Specialized markets abounded for meat, herbs, vegetables, books, rice, and much more, with troupes of actors performing for the crowds. Restaurants advertised their unique offerings—sweet bean soup, pickled dates, juicy lungs, meat pies, pigs’ feet—and some offered vegetarian fare for religious banquets. Inns of various kinds appealed to different groups. Those that served only wine, a practice known as “hitting the cup,” were regarded as “unfit for polite company.” “Luxuriant inns,” marked by red lanterns, featured prostitutes and “wine chambers equipped with beds.” Specialized agencies managed elaborate dinner parties for the wealthy, complete with a Perfume and Medicine Office to “help sober up the guests.” Schools for musicians offered thirteen different courses. Numerous clubs provided companionship for poets, fishermen, Buddhists, physical fitness enthusiasts, antiques collectors, horse lovers, and many other groups. No wonder the Italian visitor Marco Polo described Hangzhou later in the thirteenth century as “beyond dispute the finest and noblest [city] in the world.”<sup>7</sup> (See Working with Evidence, Source 7.2, page 315, for a fuller description of Marco Polo’s impressions of Hangzhou.)

**AP® EXAM TIP**

Know that throughout history, China has had the world’s highest population and the greatest number of urban areas with high population.

## Gunpowder

The Chinese Tang and Song dynasties (618–1279) witnessed a golden age of technological innovation in China. Both woodblock and movable type generated the world’s first printed books, while Chinese innovations in navigational and shipbuilding technologies led the world. Among these many developments, the invention of gunpowder stands out because it spawned a permanent revolution in military affairs that had global dimensions. But gunpowder, a mixture of saltpeter, sulfur, and charcoal, was not originally developed for use in war. Instead, it was an accidental byproduct of the search by Daoist alchemists for an elixir of immortality. Indeed, the first reference to gunpowder appeared in a mid-ninth-century Daoist text that warns alchemists not to mix together its component parts because “smoke and flames result, so that [the alchemists’] hands and faces have been burnt, and even the whole house where they were working burned down.”<sup>8</sup> This association with alchemy may explain why the Chinese referred to gunpowder as *huo yao*, or “fire drug.” The same properties that made gunpowder so dangerous in an alchemist’s lab attracted the interest of those



A twelfth-century Chinese Buddhist carving showing an early handheld gun.

“Thunderclap Bombs” designed to scare and disorient opposing troops through noise and light. While these bombs were not yet powerful enough to kill large numbers of the enemy, a chronicler of a siege of the Song capital in 1127 described them as “hitting the lines of the enemy well and throwing them into great confusion.”

Through the twelfth and early thirteenth centuries, both the Song dynasty, which controlled southern

photo: Cave number 149, Pei Shan complex, Temples at Ta-tsu, Szechuan, China/Ancient Art & Architecture Collection, Ltd.

seeking to entertain and amaze audiences through fireworks and pyrotechnic displays, especially at the Chinese imperial court.

Military authorities also noticed its potential as a weapon, and its uses in war developed rapidly during the Song dynasty. At first, military engineers drew on the incendiary rather than the explosive possibilities of gunpowder. In 1044, an imperial official wrote a tract for the emperor on military technologies that included two recipes for gunpowder, both for weapons designed to set fire to their targets. Decades later, Song engineers borrowed techniques from fireworks makers to produce

### AP® EXAM TIP

Understand China’s extensive network of canals and their contributions to its economy.

Supplying these cities with food was made possible by an immense network of internal waterways—canals, rivers, and lakes—stretching perhaps 30,000 miles. They provided a cheap transportation system that bound the country together economically and created the “world’s most populous trading area.”<sup>9</sup>

Industrial production likewise soared. In both large-scale enterprises employing hundreds of workers and in smaller backyard furnaces, China’s iron industry increased its output dramatically. By the eleventh century, it was providing the government with 32,000 suits of armor and 16 million iron arrowheads annually, in addition to supplying metal for coins, tools, construction, and bells in Buddhist

China, and the Jin, which controlled much of the north, continued to develop ever more powerful gunpowder weapons. Engineers experimented with gunpowder blends that included larger quantities of saltpeter, the nitrate-rich substance that gives gunpowder its explosiveness. When the Mongols invaded northern China in 1231, the defenders of the capital, Kaifeng, were able to deploy what they called the “Heaven-Shaking Thunder Crash Bomb” against Mongol forces. An eyewitness recorded that “the attacking soldiers were blown to bits, not even a trace being left behind.”

The Mongols recognized the effectiveness of gunpowder and, following their conquest of China, encouraged engineers to continue to develop new weapons. During the thirteenth and fourteenth centuries, powerful bombs were produced with such names as “Match for Ten Thousand Enemies Bomb” and the “Bone-Burning and Bruising Fire Oil Magic Bomb.” At the same time, Chinese technicians developed the first rockets, which were employed in battle from the middle of the thirteenth century. These experiments with more powerful forms of gunpowder culminated in the emergence of weapons designed to fire projectiles. The first of these evolved from earlier fire lances, bamboo or metal tubes filled with gunpowder that spewed flames and sparks. However, unlike the fire lance, which used the incendiary properties of gunpowder to attack the enemy, these new guns used its explosive power as a propellant to fire projectiles. Cannons were in common

use in China by the 1350s. But the first evidence of a handheld gun comes from a carving, dating from the 1120s and located, strangely enough, in a Buddhist cave featuring Kuan-yin, “the one who answers every prayer.” A prayer inscribed in that cave asks “that weapons of war be forever stilled.”

Gunpowder and gunpowder-based weapons spread rapidly across Eurasia from the thirteenth century, changing the nature of warfare wherever they were adopted. While there is some debate as to exactly when gunpowder arrived in India, the Middle East, and Europe, it is clear that the Mongols’ use of gunpowder weapons in their conquests spurred its spread and use. Its rapid adoption ensured that by the sixteenth century the “fire drug” developed by Daoist alchemists in search of immortality had sparked what scholars have labeled the gunpowder revolution in warfare, transforming military conflict across the globe. Gunpowder remained the dominant explosive used in war until the advent of nitroglycerin in the mid-nineteenth century.

It is more than a little ironic that a substance originally derived from a search for happiness and immortality would result in unimaginable human suffering and an untold number of deaths. Such are the unintended outcomes of human effort.

Question: What can the development of gunpowder-based weapons tell us about technological innovation in China?

monasteries. This industrial growth was fueled almost entirely by coal, which also came to provide most of the energy for heating homes and cooking. This no doubt generated considerable air pollution. Technological innovation in other fields also flourished. Inventions in printing, both woodblock and movable type, generated the world’s first printed books, and by 1000 relatively cheap books on religious, agricultural, mathematical, and medical topics became widely available in China. Its navigational and shipbuilding technologies led the world. The Chinese invention of gunpowder created within a few centuries a revolution in military affairs that had global dimensions. (See *Zooming In: Gunpowder*, above.) But China’s remarkable

#### AP® EXAM TIP

Know the origins, uses, and spread of gunpowder technology during the postclassical era.





### Kaifeng

This detail comes from a huge watercolor scroll, titled *Upper River during Qing Ming Festival*, originally painted during the Song dynasty. It illustrates the urban sophistication of Kaifeng and other Chinese cities at that time and has been frequently imitated and copied since then. (View Stock RF/age fotostock)

industrial revolution stalled as the country was repeatedly invaded and devastated by nomadic peoples from the north, culminating in the Mongol conquests of the thirteenth century.

Most remarkably, perhaps, all of this occurred within the world's most highly commercialized society, in which producing for the market, rather than for local consumption, became a very widespread phenomenon. Cheap transportation allowed peasants to grow specialized crops for sale, while they purchased rice or other staples on the market. In addition, government demands for taxes paid in cash rather than in kind required peasants to sell something—their products or their labor—in order to meet their obligations. The growing use of paper money as well as financial instruments such as letters of credit and promissory notes further contributed to the commercialization of Chinese society. Two prominent scholars have described the outcome: “Output increased, population grew, skills multiplied, and a burst of inventiveness made Song China far wealthier than ever before—or than any of its contemporaries.”<sup>10</sup> (See Snapshot, page 347.)

### AP® EXAM TIP

China had the world's leading economy in the postclassical era, and you should know its features, like paper money.

## Women in the Song Dynasty

The “golden age” of Song dynasty China was perhaps less than “golden” for many of its women, for that era marked yet another turning point in the history of Chinese patriarchy. Under the influence of steppe nomads, whose women led less restricted lives, elite Chinese women of the Tang dynasty era, at least in the north, had participated in social life with greater freedom than in earlier times. Paintings and statues show aristocratic women riding horses, while the Queen Mother of the West, a Daoist deity, was widely worshipped by female Daoist priests and practitioners. (See Working with Evidence, Sources 8.2 and 8.4, pages 358 and 360.) By the Song dynasty, however, a reviving Confucianism and rapid economic growth seemed to tighten patriarchal restrictions on women and to restore some of the earlier Han dynasty notions of female submission and passivity.

Once again, Confucian writers highlighted the subordination of women to men and the need to keep males and females separate in every domain of life. The Song dynasty historian and scholar Sima Guang (1019–1086) summed up the prevailing view: “The boy leads the girl, the girl follows the boy; the duty of husbands to be resolute and wives to be docile begins with this.”<sup>11</sup> For men, masculinity came to be defined less in terms of horseback riding, athleticism, and the warrior values of northern nomads and more in terms of the refined pursuits of calligraphy, scholarship, painting, and poetry. Corresponding views of feminine qualities emphasized women’s weakness, reticence, and delicacy. Women were also frequently viewed as a distraction to men’s pursuit of a contemplative and introspective life. The remarriage of widows, though legally permissible, was increasingly condemned, for “to walk through two courtyards is a source of shame for a woman.”<sup>12</sup>

The most compelling expression of a tightening patriarchy lay in foot binding. Apparently beginning among dancers and courtesans in the tenth or eleventh century C.E., this practice involved the tight wrapping of young girls’ feet, usually breaking the bones of the foot and causing intense pain. During and after the Song dynasty, foot binding found general acceptance among elite families and later became even more widespread in Chinese society. It was associated with new images of female beauty and eroticism that emphasized small size, frailty, and deference and served to keep women restricted to the “inner quarters,” where Confucian tradition asserted that they belonged. Many mothers imposed this painful procedure on their daughters, perhaps to enhance their marriage prospects and to assist them in competing with concubines for the attention of their husbands.<sup>13</sup> For many women, it became a rite of passage, and their tiny feet and the beautiful slippers that encased them became a source of some pride, even a topic of poetry for some literate women. Foot binding also served to distinguish Chinese women from their “barbarian” counterparts and elite women from commoners and peasants.

Furthermore, a rapidly commercializing economy undermined the position of women in the textile industry. Urban workshops and state factories, run by men,

### AP® EXAM TIP

It is essential to understand the status of women and their roles in society during the Tang and Song dynasties, and you must know the factors that led to continuities and changes in women’s status throughout China’s, and all of humanity’s, history.

### Guided Reading Question

#### ■ CHANGE

In what ways did women’s lives change during the Tang and Song dynasties?



### Foot Binding

While the practice of foot binding painfully deformed the feet of young girls and women, it was also associated aesthetically with feminine beauty, particularly in the delicate and elaborately decorated shoes that encased their bound feet. (foot: Jodi Cobb/National Geographic Creative; shoe: ClassicStock/Masterfile)



increasingly took over the skilled tasks of weaving textiles, especially silk, which had previously been the work of rural women in their homes. Although these women continued to tend silkworms and spin silk thread, they had lost the more lucrative income-generating work of weaving silk fabrics. But as their economic role in textile production declined, other opportunities beckoned in an increasingly prosperous Song China. In the cities, women operated restaurants, sold fish and vegetables, and worked as maids, cooks, and dressmakers. The growing prosperity of elite families funneled increasing numbers of women into roles as concubines, entertainers, courtesans, and prostitutes. Their ready availability surely reduced the ability of wives to negotiate as equals with their husbands, setting women against one another and creating endless household jealousies.

In other ways, the Song dynasty witnessed more positive trends in the lives of women. Their property rights expanded, allowing women to control their own dowries and to inherit property from their families. “Neither in earlier nor in later periods,” writes one scholar, “did as much property pass through women’s hands” as during the Song dynasty.<sup>14</sup> Furthermore, lower-ranking but ambitious officials strongly urged the education of women, so that they might more effectively raise their sons and increase the family’s fortune. Song dynasty China, in short, offered a mixture of tightening restrictions and new opportunities to its women.

## China and the Northern Nomads: A Chinese World Order in the Making

From early times to the nineteenth century, China's many interactions with a larger Eurasian world shaped both China's own development and that of world history more generally. The country's most enduring and intense interaction with foreigners lay to the north, involving the many nomadic pastoral or semi-agricultural peoples of the steppes. Living in areas unable to sustain Chinese-style farming, the northern nomads had long focused their economies around the raising of livestock (sheep, cattle, goats) and the mastery of horse riding. Organized locally in small, mobile, kinship-based groups, sometimes called tribes, these peoples also periodically created much larger and powerful states or confederations that could draw on the impressive horsemanship and military skills of virtually the entire male population of their societies. Such specialized pastoral societies needed grain and other agricultural products from China, and their leaders developed a taste for Chinese manufactured and luxury goods—wine and silk, for example—with which they could attract and reward followers. Thus the nomads were drawn like a magnet toward China, trading, raiding, and extorting to obtain the resources so vital to their way of life. For 2,000 years or more, pressure from the steppes and the intrusion of nomadic peoples were constant factors in China's historical development.

From the nomads' point of view, the threat often came from the Chinese, who periodically directed their own military forces deep into the steppes, built the Great Wall to keep the nomads out, and often proved unwilling to allow pastoral peoples easy access to trading opportunities within China. And yet the Chinese needed the nomads. Their lands were the source of horses, which were essential for the Chinese military. Other products of the steppes and the forests beyond, such as skins, furs, hides, and amber, were also of value in China. Furthermore, pastoral nomads controlled much of the Silk Road trading network, which funneled goods from the West into China. The continuing interaction between China and the northern nomads brought together peoples occupying different environments, practicing different economies, governing themselves with different institutions, and thinking about the world in quite different ways.

### *The Tribute System in Theory*

An enduring outcome of this cross-cultural encounter was a particular view the Chinese held of themselves and of their neighbors, fully articulated by the time of the Han dynasty (ca. 200 B.C.E.–200 C.E.) and lasting for more than two millennia. That understanding cast China as the “middle kingdom,” the center of the world, infinitely superior to the “barbarian” peoples beyond its borders. With its long history, great cities, refined tastes, sophisticated intellectual and artistic achievements, bureaucratic state, literate elite, and prosperous economy, China represented “civilization.” All of this, in Chinese thinking, was in sharp contrast to the rude cultures

#### AP® EXAM TIP

An important topic across world history is how civilizations responded to outside groups, as illustrated here with the response of China's governments to northern nomads.

#### Guided Reading Question

##### ■ CONNECTION

How did the Chinese and their nomadic neighbors to the north view each other?

and primitive life of the northern nomads, who continually moved about “like beasts and birds,” lived in tents, ate mostly meat and milk, and practically lived on their horses, while making war on everyone within reach. Educated Chinese saw their own society as self-sufficient, requiring little from the outside world, while barbarians, quite understandably, sought access to China’s wealth and wisdom. Furthermore, China was willing to permit that access under controlled conditions, for its sense of superiority did not preclude the possibility that barbarians could become civilized Chinese. China was a “radiating civilization,” graciously shedding its light most fully to nearby barbarians and with diminished intensity to those farther away.

### Guided Reading Question

#### CONNECTION

What assumptions underlay the tribute system?

Such was the general understanding of literate Chinese about their own civilization in relation to northern nomads and other non-Chinese peoples. That worldview also took shape as a practical system for managing China’s relationship with these people. Known as the tribute system, it was a set of practices that required non-Chinese authorities to acknowledge Chinese superiority and their own subordinate place in a Chinese-centered world order. Foreigners seeking access to China had to send a delegation to the Chinese court, where they would perform the kowtow, a series of ritual bowings and prostrations, and present their tribute—products of value from their countries—to the Chinese emperor. In return for these expressions of submission, he would grant permission for foreigners to trade in China’s rich markets and would provide them with gifts or “bestowals,” often worth far more than the tribute they had offered. This was the mechanism by which successive Chinese dynasties attempted to regulate their relationships with northern nomads; with neighboring states such as Korea, Vietnam, Tibet, and Japan; and, after 1500, with those European barbarians from across the sea.

Often, this system seemed to work. Over the centuries, countless foreign delegations proved willing to present their tribute, say the required words, and perform the rituals necessary for gaining access to the material goods of China. Aspiring non-Chinese rulers also gained prestige as they basked in the reflected glory of even this subordinate association with the great Chinese civilization. The official titles, seals of office, and ceremonial robes they received from China proved useful in their local struggles for power.

### *The Tribute System in Practice*

But the tribute system also disguised some realities that contradicted its assumptions. On occasion, China was confronting not separate and small-scale barbarian societies, but large and powerful nomadic empires able to deal with China on at least equal terms. An early nomadic confederacy was that of the Xiongnu, established about the same time as the Han dynasty and eventually reaching from Manchuria to Central Asia (see Map 3.5, page 123). Devastating Xiongnu raids into northern China persuaded the Chinese emperor to negotiate an arrangement that recognized the nomadic state as a political equal, promised its leader a princess in marriage, and, most important, agreed to supply him annually with large quantities

#### AP® EXAM TIP

Know the features of China’s tribute system of exchange with nomadic groups, such as the Xiongnu.



### The Tribute System

This Qing dynasty painting shows an idealized Chinese version of the tribute system. The Chinese emperor receives barbarian envoys, who perform rituals of subordination and present tribute in the form of a horse. (Musée des Arts Asiatiques—Guimet, Paris, France/© RMN—Grand Palais/Art Resource, NY)

of grain, wine, and silk. Although these goods were officially termed “gifts,” granted in accord with the tribute system, they were in fact tribute in reverse or even protection money. In return for these goods, so critical for the functioning of the nomadic state, the Xiongnu agreed to refrain from military incursions into China. The basic realities of the situation were summed up in this warning to the Han dynasty in the first century B.C.E.:

Just make sure that the silks and grain stuffs you bring the Xiongnu are the right measure and quality, that’s all. What’s the need for talking? If the goods you deliver are up to measure and good quality, all right. But if there is any deficiency or the quality is no good, then when the autumn harvest comes, we will take our horses and trample all over your crops.<sup>15</sup>

Something similar occurred during the Tang dynasty as a series of Turkic empires arose in Mongolia. Like the Xiongnu, they too extorted large “gifts” from the Chinese. One of these peoples, the Uighurs, actually rescued the Tang dynasty from a serious internal revolt in the 750s. In return, the Uighur leader gained one of the Chinese emperor’s daughters as a wife and arranged a highly favorable exchange of poor-quality horses for high-quality silk, which brought half a million rolls of the precious fabric annually into the Uighur lands. Despite the rhetoric of the tribute system, the Chinese were not always able to dictate the terms of their relationship with the northern nomads.

Steppe nomads were generally not much interested in actually conquering and ruling China. It was easier and more profitable to extort goods from a functioning Chinese state. On occasion, however, that state broke down, and various nomadic groups moved in to “pick up the pieces,” conquering and governing parts of China. Such a process took place following the fall of the Han dynasty and again after the collapse of the Tang dynasty, when the Khitan (kee-THAN) (907–1125) and then the Jin, or Jurchen (JER-chihn) (1115–1234), peoples established states that encompassed parts of northern China as well as major areas of the steppes to the north.

Both of them required the Chinese Song dynasty, located farther south, to deliver annually huge quantities of silk, silver, and tea, some of which found its way into the Silk Road trading network. The practice of “bestowing gifts on barbarians,” long a part of the tribute system, allowed the proud Chinese to imagine that they were still in control of the situation even as they were paying heavily for protection from nomadic incursion. Those gifts, in turn, provided vital economic resources to nomadic states.

### *Cultural Influence across an Ecological Frontier*

#### AP® EXAM TIP

Know the purpose of the Great Wall.

When nomadic peoples actually ruled parts of China, some of them adopted Chinese ways, employing Chinese advisers, governing according to Chinese practice, and, at least for the elite, immersing themselves in Chinese culture and learning. This process of “becoming Chinese” went furthest among the Jurchen, many of whom lived in northern China and learned to speak Chinese, wore Chinese clothing, married Chinese husbands and wives, and practiced Buddhism or Daoism. On the whole, however, Chinese culture had only a modest impact on the nomadic people of the northern steppes. Unlike the native peoples of southern China, who were gradually absorbed into Chinese culture, the pastoral societies north of the Great Wall generally retained their own cultural patterns. Few of them were incorporated, at least not for long, within a Chinese state, and most lived in areas where Chinese-style agriculture was simply impossible. Under these conditions, there were few incentives for adopting Chinese culture wholesale. But various modes of interaction—peaceful trade, military conflict, political negotiations, economic extortion, some cultural influence—continued across the ecological frontier that divided two quite distinct and separate ways of life. Each was necessary for the other.

#### Guided Reading Question

##### ■ CONNECTION

In what ways did China and the nomads influence each other?

On the Chinese side, elements of steppe culture had some influence in those parts of northern China that were periodically conquered and ruled by nomadic peoples. The founders of the Sui and Tang dynasties were in fact of mixed nomad and Chinese ancestry and came from the borderland region where a blended Chinese/Turkic culture had evolved. High-ranking members of the imperial family personally led their troops in battle in the style of Turkic warriors. Furthermore, Tang dynasty China was awash with foreign visitors from all over Asia—delegations bearing tribute, merchants carrying exotic goods, bands of clerics or religious pilgrims bringing new religions such as Christianity, Islam, Buddhism, and Manichaeism. For a time in the Tang dynasty, almost anything associated with “Western barbarians”—Central Asians, Persians, Indians, Arabs—had great appeal among northern Chinese elites. Their music, dancing, clothing, foods, games, and artistic styles found favor among the upper classes. The more traditional southern Chinese, feeling themselves heir to the legacy of the Han dynasty, were sharply critical of their northern counterparts for allowing women too much freedom, for drinking

yogurt rather than tea, and for listening to “Western” music, all of which they attributed to barbarian influence. Around 800 C.E., the poet Yuan Chen gave voice to a growing backlash against this too-easy acceptance of things “Western”:

Ever since the Western horsemen began raising smut and dust,  
Fur and fleece, rank and rancid, have filled Hsien and Lo [two Chinese cities].  
Women make themselves Western matrons by the study of Western makeup.  
Entertainers present Western tunes, in their devotion to Western music.<sup>16</sup>

## Coping with China: Comparing Korea, Vietnam, and Japan

Also involved in tributary relationships with China were the newly emerging states and civilizations of Korea, Vietnam, and Japan. Unlike the northern nomads, these societies were thoroughly agricultural and sedentary. During the first millennium C.E., they were part of a larger process—the globalization of civilization—which produced new city- and state-based societies in various parts of the world. Proximity to their giant Chinese neighbor decisively shaped the histories of these new East Asian civilizations, for all of them borrowed major elements of Chinese culture. But unlike the native peoples of southern China, who largely became Chinese, the peoples of Korea, Vietnam, and Japan did not. They retained distinctive identities, which have lasted into modern times. While resisting Chinese political domination, they also appreciated Chinese culture and sought the source of Chinese wealth and power. In such ways, these smaller East Asian civilizations resembled the “developing” Afro-Asian societies of the twentieth century, which embraced “modernity” and elements of Western culture, while trying to maintain their political and cultural independence from the European and American centers of that modern way of life. Korea, Vietnam, and Japan, however, encountered China and responded to it in quite different ways.

### *Korea and China*

Immediately adjacent to northeastern China, the Korean peninsula and its people have long lived in the shadow of their imposing neighbor (see Map 8.2). Temporary Chinese conquest of northern Korea during the Han dynasty and some colonization by Chinese settlers provided an initial channel for Chinese cultural influence, particularly in the form of Buddhism. Early Korean states, which emerged in the fourth through seventh centuries C.E., all referred to their rulers with the Chinese term *wang* (king). Bitter rivals with one another, these states strenuously resisted Chinese political control, except when they found it advantageous to join with China against a local enemy. In the seventh century, one of these states—the Silla (SHEE-lah) kingdom—allied with Tang dynasty China to bring some political

#### AP® EXAM TIP

Know the interactions between major empires and the states near them, like China with Korea, and Vietnam with China.

#### Guided Reading Question

##### CONNECTION

In what ways did China have an influence in Korea, Vietnam, and Japan? In what ways was that influence resisted?





**Map 8.2** Korean Kingdoms, ca. 500 C.E.

The three early kingdoms of Korea were brought together by the seventh century in a unified state, which was subsequently governed by a series of dynastic regimes.

unity to the peninsula for the first time. But Chinese efforts to set up puppet regimes and to assimilate Koreans to Chinese culture provoked sharp military resistance, persuading the Chinese to withdraw their military forces in 688 and to establish a tributary relationship with a largely independent Korea.

Under a succession of dynasties—the Silla (688–900), Koryo (918–1392), and Joseon (1392–1910)—Korea generally maintained its political independence while participating in China’s tribute system. Its leaders actively embraced the connection with China and, especially during the Silla dynasty, sought to turn their small state into a miniature version of Tang China.

Tribute missions to China provided legitimacy for Korean rulers and knowledge of Chinese court life and administrative techniques, which they sought to replicate back home. A new capital city of Kumsong was modeled directly on the Chinese capital of Chang’an (chahng-ahn). Tribute missions also enabled both official and private trade, mostly in luxury goods such as ceremonial clothing, silks, fancy teas, Confucian and Buddhist texts, and artwork—all of which enriched the lives of a Korean aristocracy that was becoming increasingly Chinese in culture. Thousands of Korean students were sent to China, where they studied primarily Confucianism but also natural sciences and the arts. Buddhist monks visited centers of learning and pilgrimage in China and brought back popular forms of Chinese Buddhism, which quickly took root in Korea. Schools for the study of Confucianism, using texts in the Chinese language, were established in Korea. In these ways, Korea became a part of the expanding world of Chinese culture, and refugees from the peninsula’s many wars carried Chinese culture to Japan as well.

These efforts to plant Confucian values and Chinese culture in Korea had what one scholar has called an “overwhelmingly negative” impact on Korean women, particularly after 1300.<sup>17</sup> Early Chinese observers noticed, and strongly disapproved of, “free choice” marriages in Korea as well as the practice of women singing and dancing together late at night. With the support of the Korean court, Chinese models of family life and female behavior, especially among the elite, gradually replaced the more flexible Korean patterns. Earlier, a Korean woman had generally

given birth and raised her young children in her parents' home, where she was often joined by her husband. This was now strongly discouraged, for it was deeply offensive to those who espoused Confucian orthodoxy, which held that a married woman belonged to her husband's family. Some Korean customs—funeral rites in which a husband was buried in the sacred plot of his wife's family, the remarriage of widowed or divorced women, and female inheritance of property—eroded under the pressure of Confucian orthodoxy. So too did the practice of plural marriages for men. In 1413, a legal distinction between primary and secondary wives required men to identify one of their wives as primary. Because she and her children now had special privileges and status, sharp new tensions emerged within families. Korean restrictions on elite women, especially widows, came to exceed even those in China itself.

Still, Korea remained Korean. After 688, the country's political independence, though periodically threatened, was largely intact. Chinese cultural influence, except for Buddhism, had little impact beyond the aristocracy and certainly did not penetrate the lives of Korea's serf-like peasants. Nor did it register among Korea's many slaves, amounting to about one-third of the country's population by 1100. In fact, Korean Buddhist monasteries used slaves to cultivate their lands. A Chinese-style examination system to recruit government officials, though encouraged by some Korean rulers, never assumed the prominence that it gained in Tang and Song dynasty China. Korea's aristocratic class was able to maintain an even stronger monopoly on bureaucratic office than its Chinese counterpart did. And in the 1400s, Korea moved toward greater cultural independence by developing a phonetic alphabet, known as *hangul* (HAHN-gool), for writing the Korean language. Although resisted by conservative male elites, who were long accustomed to using the more prestigious Chinese characters to write Korean, this new form of writing gradually took hold, especially in private correspondence, in popular fiction, and among women. Clearly part of the Chinese world order, Korea nonetheless retained a distinctive culture as well as a separate political existence.

## *Vietnam and China*

At the southern fringe of the Chinese cultural world, the people who eventually came to be called Vietnamese had a broadly similar historical encounter with China (see Map 8.3). As in Korea, the elite culture of Vietnam borrowed heavily from China—adopting Confucianism, Daoism, Buddhism, administrative techniques, the examination system, artistic and literary styles—even as its popular culture remained distinctive. And, like Korea, Vietnam achieved political independence, while participating fully in the tribute system as a vassal state.

But there were differences as well. The cultural heartland of Vietnam in the Red River valley was fully incorporated into the Chinese state for more than a thousand years (111 B.C.E.–939 C.E.), far longer than corresponding parts of Korea.

### AP® EXAM TIP

You should know about the effects of the spread of Confucianism and Buddhism on areas outside their places of origin.



### Map 8.3 Vietnam

As Vietnam threw off Chinese control, it also expanded to the south, while remaining wary of its larger Chinese neighbor to the north.

Regarded by the Chinese as “southern barbarians,” the Vietnamese were ruled by Chinese officials who expected to fully assimilate this rich rice-growing region into China culturally as well as politically. To these officials, it was simply a further extension of the southward movement of Chinese civilization. Thus Chinese-style irrigated agriculture was introduced; Vietnamese elites were brought into the local bureaucracy and educated in Confucian-based schools; Chinese replaced the local language in official business; Chinese clothing and hairstyles became mandatory; and large numbers of Chinese, some fleeing internal conflicts at home, flooded into the relative security of what they referred to as “the pacified south,” while often despising the local people. The heavy pressure of the Chinese presence generated not only a Vietnamese elite thoroughly schooled in Chinese culture but also periodic rebellions, on several occasions led by women. (See *Zooming In: Trung Trac*, Chapter 3, page 124.)

The weakening of the Tang dynasty in the early tenth century C.E. finally enabled a particularly large rebellion to establish Vietnam as a separate state, though one that carefully maintained its tributary role, sending repeated missions to do homage at the Chinese court. Nonetheless, successive Vietnamese dynasties found the Chinese approach to government useful, styling their rulers as emperors, claiming the Mandate of Heaven, and making use of Chinese court rituals, while expanding their state steadily southward. More so than in Korea, a Chinese-based examination system in Vietnam functioned to undermine an estab-

lished aristocracy, to provide some measure of social mobility for commoners, and to create a merit-based scholar-gentry class to staff the bureaucracy. Furthermore, members of the Vietnamese elite class remained deeply committed to Chinese culture, viewing their own country less as a separate nation than as a southern extension of a universal civilization, the only one they knew.

Beyond the elite, however, there remained much that was uniquely Vietnamese, such as a distinctive language, a fondness for cockfighting, and the habit of chewing betel nuts. More importantly, Vietnam long retained a greater role for women in social and economic life, despite heavy Chinese influence. In the third century C.E., a woman leader of an anti-Chinese resistance movement declared: “I want to drive away the enemy to save our people. I will not resign myself to

the usual lot of women who bow their heads and become concubines.” Female nature deities and a “female Buddha” continued to be part of Vietnamese popular religion, even as Confucian-based ideas took root among the elite. In the centuries following independence from China, as Vietnam expanded to the south, northern officials tried in vain to impose more orthodox Confucian gender practices in place of local customs that allowed women to choose their own husbands and married men to live in the households of their wives. So persistent were these practices that a seventeenth-century Chinese visitor

opined, with disgust, that Vietnamese preferred the birth of a girl to that of a boy. These features of Vietnamese life reflected larger patterns of Southeast Asian culture that distinguished it from China. And like Koreans, the Vietnamese developed a variation of Chinese writing called *chữ nôm* (“southern script”), which provided the basis for an independent national literature and a vehicle for the writing of most educated women.

## Japan and China

Unlike Korea and Vietnam, the Japanese islands were physically separated from China by 100 miles or more of ocean and were never successfully invaded or conquered by their giant mainland neighbor (see Map 8.4). Thus Japan’s very extensive borrowing from Chinese civilization was wholly voluntary, rather than occurring under conditions of direct military threat or outright occupation. The high point of that borrowing took place during the seventh to the ninth centuries C.E., as the first more or less unified Japanese state began to emerge from dozens of small clan-based aristocratic chiefdoms. That state found much that was useful in Tang dynasty China and set out, deliberately and systematically, to transform Japan into a centralized bureaucratic state on the Chinese model.

The initial leader of this effort was Shotoku Taishi (572–622), a prominent aristocrat from one of the major clans. He launched a series of large-scale missions to China, which took hundreds of Japanese monks, scholars, artists, and students to the mainland, and when they returned, they put into practice what they had learned. In 604 C.E. Shotoku issued the Seventeen Article Constitution, proclaiming the Japanese ruler as a Chinese-style emperor and encouraging both Buddhism and Confucianism. In good Confucian fashion, that document emphasized the



### Independence for Vietnam

In 938, Vietnamese forces under the leadership of General Ngo Quyen defeated the Chinese in the Battle of Bach Dang River, thus ending a thousand years of direct Chinese rule. This image is one of many that celebrate that victory. (Pictures from History/CPA Media)

### AP® EXAM TIP

Note the differences in the ways Chinese culture was introduced into Japan, compared to its introduction into Korea and Vietnam.



### Map 8.4 Japan

Japan's distance from China enabled it to maintain its political independence and to draw selectively from Chinese culture.

#### AP® EXAM TIP

It will be helpful to remember that Japan has a long history of voluntarily borrowing from other cultures.

to absorb additional elements of Chinese culture diminished, and formal tribute missions to China stopped, although private traders and Buddhist monks continued to make the difficult journey to the mainland. Over many centuries, the Japanese combined what they had assimilated from China with elements of their own tradition into a distinctive Japanese civilization, which differed from Chinese culture in many ways.

In the political realm, for example, the Japanese never succeeded in creating an effective centralized and bureaucratic state to match that of China. Although the court and the emperor retained an important ceremonial and cultural role, their real political authority over the country gradually diminished in favor of competing aristocratic families, both at court and in the provinces. A Chinese-style university trained officials, but rather than serving as a mechanism for recruiting talented commoners into the political elite, it enrolled students who were largely the sons of court aristocrats.

As political power became increasingly decentralized, local authorities developed their own military forces, the famous *samurai* warrior class of Japanese society. Bearing their exquisite curved swords, the samurai developed a distinctive set of

moral quality of rulers as a foundation for social harmony. In the decades that followed, Japanese authorities adopted Chinese-style court rituals and a system of court rankings for officials as well as the Chinese calendar. Subsequently, they likewise established Chinese-based taxation systems, law codes, government ministries, and provincial administration, at least on paper. Two capital cities, first Nara and then Heian-kyo (Kyoto), arose, both modeled on the Chinese capital of Chang'an.

Chinese culture, no less than its political practices, also found favor in Japan. Various schools of Chinese Buddhism took root, first among the educated and literate classes and later more broadly in Japanese society, deeply affecting much of Japanese life. Art, architecture, education, medicine, views of the afterlife, attitudes toward suffering and the impermanence of life—all of this and more reflected the influence of Buddhist culture in Japan. The Chinese writing system—and with it an interest in historical writing, calligraphy, and poetry—likewise proved attractive among the elite.

The absence of any compelling threat from China made it possible for the Japanese to be selective in their borrowing. By the tenth century, deliberate efforts

values featuring bravery, loyalty, endurance, honor, great skill in martial arts, and a preference for death over surrender. This was *bushido* (boo-shee-doh), the way of the warrior. Japan's celebration of the samurai and of military virtues contrasted sharply with China's emphasis on intellectual achievements and political office holding, which were accorded higher prestige than bearing arms. "The educated men of the land," wrote a Chinese minister in the eleventh century, "regard the carrying of arms as a disgrace."<sup>18</sup> The Japanese, clearly, did not agree.

Religiously as well, Japan remained distinctive. Although Buddhism in many forms took hold in the country, it never completely replaced the native beliefs and practices, which focused attention on numerous *kami*, sacred spirits associated with human ancestors and various natural phenomena. Much later referred to as Shinto, this tradition provided legitimacy to the imperial family, based on claims of descent from the sun goddess. Because veneration of the *kami* lacked an elaborate philosophy or ritual, it conflicted very little with Buddhism. In fact, numerous *kami* were assimilated into Japanese Buddhism as local expressions of Buddhist deities or principles.

Japanese literary and artistic culture likewise evolved in distinctive ways, despite much borrowing from China. As in Korea and Vietnam, there emerged a unique writing system that combined Chinese characters with a series of phonetic symbols. A highly stylized Japanese poetic form, known as *tanka*, developed early and has remained a favored means of expression ever since. (See *Zooming In*: Izumi Shikibu, page 344, for the life of Japan's best-known female *tanka* poet.) Particularly during the Heian period of Japanese history (794–1192), a highly refined aesthetic culture found expression at the imperial court, even as the court's real political authority melted away. Court aristocrats and their ladies lived in splendor, composed poems, arranged flowers, and conducted their love affairs. "What counted," wrote one scholar, "was the proper costume, the right ceremonial act, the successful turn of phrase in a poem, and the appropriate expression of refined taste."<sup>19</sup> Much of our knowledge of this courtly culture comes from the work of women writers, who composed their diaries and novels in the vernacular Japanese script, rather than in the

### Guided Reading Question

#### ■ COMPARISON

In what different ways did Japanese and Korean women experience the pressures of Confucian orthodoxy?



**The Samurai of Japan**

This late nineteenth-century image shows a samurai warrior on horseback clad in armor and a horned helmet while carrying a sword as well as a bow and arrows. The prominence of martial values in Japanese culture was one of the ways in which Japan differed from its Chinese neighbor, despite much borrowing. (Library of Congress, ID #pd 01046)

## Izumi Shikibu, Japanese Poet and Lover

Nowhere in world history has poetry played a more central role than in the imperial court of Japan, located in the capital city of Heian-kyo (now Kyoto) between the ninth and twelfth centuries. There, amid the political posturing and the love affairs of aristocratic women and men, almost every event, public or private, called for a poem—the first sighting of spring blossoms or a new moon; births, deaths, and marriages; various official rituals; the morning after a romantic encounter. “It is poetry,” wrote one famous Japanese author in the early tenth century, “which . . . awakens the world of invisible spirits . . . , softens the relationship between men and women, and consoles the hearts of fierce warriors.”<sup>20</sup> Izumi Shikibu, Japan’s most illustrious female poet, was a master of this art, particularly in the lyric five-line, thirty-one-syllable form known as *tanka*. In her exquisite poetry, we can catch a glimpse of her erotic intensity, expressed in many scandalous love affairs, as well as her engagement in more spiritual pursuits.

Born around 975 as the daughter of a mid-level official, Izumi grew up in the imperial court, where a literary



Izumi Shikibu.

education was essential for girls of her status, for at least in matters of poetry and the arts, women and men operated on an equal basis. At about the age of twenty, Izumi married a provincial governor, but she soon began an affair with Prince Tametaka, son of the emperor, shocking court society partly because of the sharp difference in their social positions. Tametaka’s death in 1002, widely credited to his sexual excess with Izumi, only deepened the scandal and led to Izumi’s divorce from her husband and estrangement from her family. Addressing her parents and sisters in a poem, she declared: “One of you / I was, but am no more.”<sup>21</sup>

Less than a year later, she ignited another scandal by taking up with Tametaka’s brother, Prince Atsumichi. The first year of this affair became the subject of Izumi’s famous *Diary*. When the prince sent her a sprig of orange blossoms, she responded with a poem: “Rather than recall / in these flowers / the fragrance of the past, /

photo: Pictures from History/CPA Media

### AP® EXAM TIP

You should know examples of literature in the postclassical period, like *The Tale of Genji*.

classical Chinese used by elite men. *The Tale of Genji*, a Japanese novel written by the woman author Murasaki Shikibu around 1000, provides an intimate picture of the intrigues and romances of court life.

At this level of society, Japan’s women, unlike those in Korea, largely escaped the more oppressive features of Chinese Confucian culture, such as the prohibition of remarriage for widows, seclusion within the home, and foot binding. Perhaps this is because the most powerful Chinese influence on Japan occurred during the Tang dynasty, when Chinese elite women enjoyed considerable freedom. Japanese women continued to inherit property; Japanese married couples often lived apart or with the wife’s family; and marriages were made and broken easily. None of this corresponded to Confucian values. When Japanese women did begin to lose status

I would like to hear this nightingale's voice, / to know if his song is as sweet." What followed was a year of nocturnal visits, frequent absences, rumors and gossip, doubts and longings, and the endless exchange of poems. Finally, Izumi took up residence in the prince's compound, much to the distress of his principal wife. Atsumichi's death in 1007 prompted an outpouring of poetry mourning the loss of her great love. "I long for the sound / of your voice. / The face / I see so clearly / doesn't say a word."<sup>22</sup>

Despite Izumi's behavior, she was subsequently appointed as a lady-in-waiting for the Empress Akiko, for her literary reputation added splendor to the court. But the scandal of her personal life continued to shadow her. A rival literary figure at the court, the renowned Lady Murasaki, author of *The Tale of Genji*, commented, "How interestingly Izumi Shikibu writes. Yet what a disgraceful person she is."<sup>23</sup> A subsequent marriage to a much older provincial governor took Izumi away from the court for the rest of her life. But her affairs continued. "I do not feel in the least disposed to sleep alone," she wrote.<sup>24</sup>

Her poetry gave frequent expression to erotic love and to the anguished yearning that accompanied it. "Lying alone, / my black hair tangled, / uncombed / I long for the one / who touched it first." To a monk who left his fan behind after a visit, she wrote, "I think / you

may have briefly forgotten / this fan, / but everyone must know / how it came to be dropped."

Izumi's experiences of love within her social circle gave her an acute sense of the ephemerality of all things. "Come quickly—as soon as / these blossoms open, / they fall. / This world exists / as a sheen of dew on flowers." Her understanding of impermanence was reinforced by her Buddhist faith with its emphasis on the transience of human life. From time to time, she felt the desire to withdraw into a monastery, and she did take periodic retreats in mountain temples. Even there, however, Izumi experienced the pull of the world. "Although I try / to hold the single thought / of Buddha's teaching in my heart, / I cannot help but hear / the many crickets' voices calling as well."<sup>25</sup>

Perhaps Izumi's best-known poem was composed when she was still in her teens, though it has sometimes been viewed as a prayer on her deathbed. Written to a Buddhist cleric, it reveals her early and continuing desire for spiritual enlightenment, symbolized here as the light of the moon. "From utter darkness / I must embark upon an / even darker road / O distant moon, cast your light / from the rim of the mountains."<sup>26</sup>

Question: How do you understand Izumi's involvement in multiple love relationships and her religious sensibilities?

in the twelfth century and later, it had less to do with Confucian pressures than with the rise of a warrior culture. As the personal relationships of samurai warriors to their lords replaced marriage alliances as a political strategy, the influence of women in political life was reduced, but this was an internal Japanese phenomenon, not a reflection of Chinese influence.

Japan's ability to borrow extensively from China while developing its own distinctive civilization perhaps provided a model for its encounter with the West in the nineteenth century. Then, as before, Japan borrowed selectively from a foreign culture without losing either its political independence or its cultural uniqueness.

#### PRACTICING AP® HISTORICAL THINKING

In what different ways did Korea, Vietnam, Japan, and northern nomads experience and respond to Chinese influence?



## China and the Eurasian World Economy

Beyond China's central role in East Asia was its economic interaction with the wider world of Eurasia generally. On the one hand, China's remarkable economic growth, taking place during the Tang and Song dynasties, could hardly be contained within China's borders and clearly had a major impact throughout Eurasia. On the other hand, China was recipient as well as donor in the economic interactions of the third-wave era, and its own economic achievements owed something to the stimulus of contact with the larger world.

### *Spillovers: China's Impact on Eurasia*

One of the outcomes of China's economic revolution lay in the diffusion of its many technological innovations to peoples and places far from East Asia as the movements of traders, soldiers, slaves, and pilgrims conveyed Chinese achievements abroad. (See Snapshot, opposite, for a wider view of Chinese technological achievements.) Chinese techniques for producing salt by solar evaporation spread to the Islamic world and later to Christian Europe. Papermaking, known in China since the Han dynasty, spread to Korea and Vietnam by the fourth century C.E., to Japan and India by the seventh, to the Islamic world by the eighth, to Muslim Spain by 1150, to France and Germany in the 1300s, and to England in the 1490s. Printing, likewise a Chinese invention, rapidly reached Korea, where movable type became a highly developed technique, and Japan as well. Both technologies were heavily influenced by Buddhism, which accorded religious merit to the reproduction of sacred texts. The Islamic world, however, highly valued handwritten calligraphy and generally resisted printing as impious until the nineteenth century. The adoption of printing in Europe was likewise delayed because of the absence of paper until the twelfth century. Then movable type was reinvented by Johannes Gutenberg in the fifteenth century, although it is unclear whether he was aware of Chinese and Korean precedents. With implications for mass literacy, bureaucracy, scholarship, the spread of religion, and the exchange of information, papermaking and printing were Chinese innovations of revolutionary and global dimensions.

Chinese technologies were seldom simply transferred from one place to another. More often, a particular Chinese technique or product stimulated innovations in more distant lands in accordance with local needs.<sup>27</sup> For example, as the Chinese formula for gunpowder, invented around 1000, became available in Europe, together with some early and simple firearms, these innovations triggered the development of cannons in the early fourteenth century. Soon cannons appeared in the Islamic world and, by 1356, in China itself, which first used cast iron rather than bronze in their construction. But the highly competitive European state system drove the “gunpowder revolution” much further and more rapidly than in China's imperial state. Chinese textile, metallurgical, and naval technologies likewise stimulated

#### AP® EXAM TIP

Know examples of technological contributions from China to the rest of Asia and to Europe.

#### Guided Reading Question

##### CONNECTION

In what ways did China participate in the world of Eurasian commerce and exchange, and with what outcomes?

## SNAPSHOT Chinese Technological Achievements

Before the technological explosion of the European Industrial Revolution during the eighteenth and nineteenth centuries, China had long been the major center of global technological innovation.<sup>28</sup> Many of those inventions spread to other civilizations, where they stimulated imitation or modification. Since Europe was located at the opposite end of the Eurasian continent from China, it often took considerable time for those innovations to give rise to something similar in the West. That lag is also a measure of the relative technological development of the two civilizations in premodern times.

Innovation	First Used in China (approximate)	Adoption/Recognition in the West: Time Lag in Years (approximate)
Iron plow	6th–4th century B.C.E.	2,000+
Cast iron	4th century B.C.E.	1,000–1,200
Efficient horse collar	3rd–1st century B.C.E.	1,000
Paper	2nd century B.C.E.	1,000
Wheelbarrow	1st century B.C.E.	900–1,000
Rudder for steering ships	1st century C.E.	1,100
Iron chain suspension bridge	1st century C.E.	1,000–1,300
Porcelain	3rd century C.E.	1,500
Magnetic compass for navigation	9th–11th century C.E.	400
Gunpowder	9th century C.E.	400
Chain drive for transmission of power	976 C.E.	800
Movable type printing	1045 C.E.	400

imitation and innovation all across Eurasia. An example is the magnetic compass, a Chinese invention eagerly embraced by mariners of many cultural backgrounds as they traversed the Indian Ocean.

In addition to its technological influence, China's prosperity during the Song dynasty greatly stimulated commercial life and market-based behavior all across the Afro-Eurasian trading world. China's products—silk, porcelain, lacquerware—found eager buyers from Japan to East Africa, and everywhere in between. The immense size and wealth of China's domestic economy also provided a ready market for hundreds of commodities from afar. For example, the lives of many thousands of people in the spice-producing islands of what is now Indonesia were transformed as they came to depend on Chinese consumers' demand for their products. "[O]ne hundred million [Chinese] people," wrote historian William McNeill,

### AP® EXAM TIP

Be able to list mass-produced Chinese products that were made for export.

“increasingly caught up within a commercial network, buying and selling to supplement every day’s livelihood, made a significant difference to the way other human beings made their livings throughout a large part of the civilized world.”<sup>29</sup> Such was the ripple effect of China’s economic revolution.

### *On the Receiving End: China as Economic Beneficiary*

#### AP® EXAM TIP

Know about exchanges of goods, ideas, and technology between China and other cultures near and far.

If Chinese economic growth and technological achievements significantly shaped the Eurasian world of the third-wave era, that pattern of interaction was surely not a one-way street, for China too was changed by its engagement with a wider world. During this period, for example, China had learned about the cultivation and processing of both cotton and sugar from India. From Vietnam, around 1000, China gained access to the new, fast-ripening, and drought-resistant strains of rice that made a highly productive rice-based agriculture possible in the drier and more rugged regions of southern China. This marked a major turning point in Chinese history as the frontier region south of the Yangzi River grew rapidly in population, overtaking the traditional centers of Chinese civilization in the north. In the process, the many non-Chinese peoples of the area were painfully overwhelmed by Chinese military forces and by the migration of at least a million Han Chinese farmers by 1400. Some of them were attracted by new economic opportunities, while others were forcibly relocated by the Chinese state, intent on thoroughly integrating the south into Chinese civilization.

Technologically as well, China’s extraordinary burst of creativity owed something to the stimulus of cross-cultural contact. Awareness of Persian windmills, for example, spurred the development of a distinct but related device in China. Printing arose from China’s growing involvement with the world of Buddhism, which put a spiritual premium on the reproduction of the Buddha’s image and of short religious texts that were carried as charms. It was in Buddhist monasteries during the Tang dynasty that the long-established practice of printing with seals was elaborated by Chinese monks into woodblock printing. The first printed book, in 868 C.E., was a famous Buddhist text, the *Diamond Sutra*.

A further transforming impact of China’s involvement with a wider world derived from its growing participation in Indian Ocean trade. By the Tang dynasty, thousands of ships annually visited the ports of southern China, and settled communities of foreign merchants—Arabs, Persians, Indians, Southeast Asians—turned some of these cities into cosmopolitan centers. Buddhist temples, Muslim mosques and cemeteries, and Hindu phallic sculptures graced the skyline of Quanzhou, a coastal city in southern China. Occasionally the tensions of cultural diversity erupted in violence, such as the massacre of tens of thousands of foreigners in Canton during the 870s when Chinese rebel forces sacked the city. Indian Ocean commerce also contributed much to the transformation of southern China from a subsistence economy to one more heavily based on producing for export.

In the process, merchants achieved a degree of social acceptance not known before, including their frequent appointment to high-ranking bureaucratic positions. Finally, much-beloved stories of the monkey god, widely popular even in contemporary China, derived from Indian sources transmitted by Indian Ocean commerce.

## China and Buddhism

By far the most important gift that China received from India was neither cotton nor sugar, but a religion, Buddhism. The gradual assimilation of this South Asian religious tradition into Chinese culture illustrates the process of cultural encounter and adaptation and invites comparison with the spread of Christianity into Europe. Until the adoption of Marxism in the twentieth century, Buddhism was the only large-scale cultural borrowing in Chinese history. It also made China into a launching pad for Buddhism's dispersion to Korea and from there to Japan as well. Thus, as Buddhism faded in the land of its birth, it became solidly rooted in much of East Asia, providing an element of cultural commonality for a vast region (see Map 8.5).

### AP® EXAM TIP

Be sure you know the causes and effects of the spread of Buddhism into South, East, and Southeast Asia.

### *Making Buddhism Chinese*

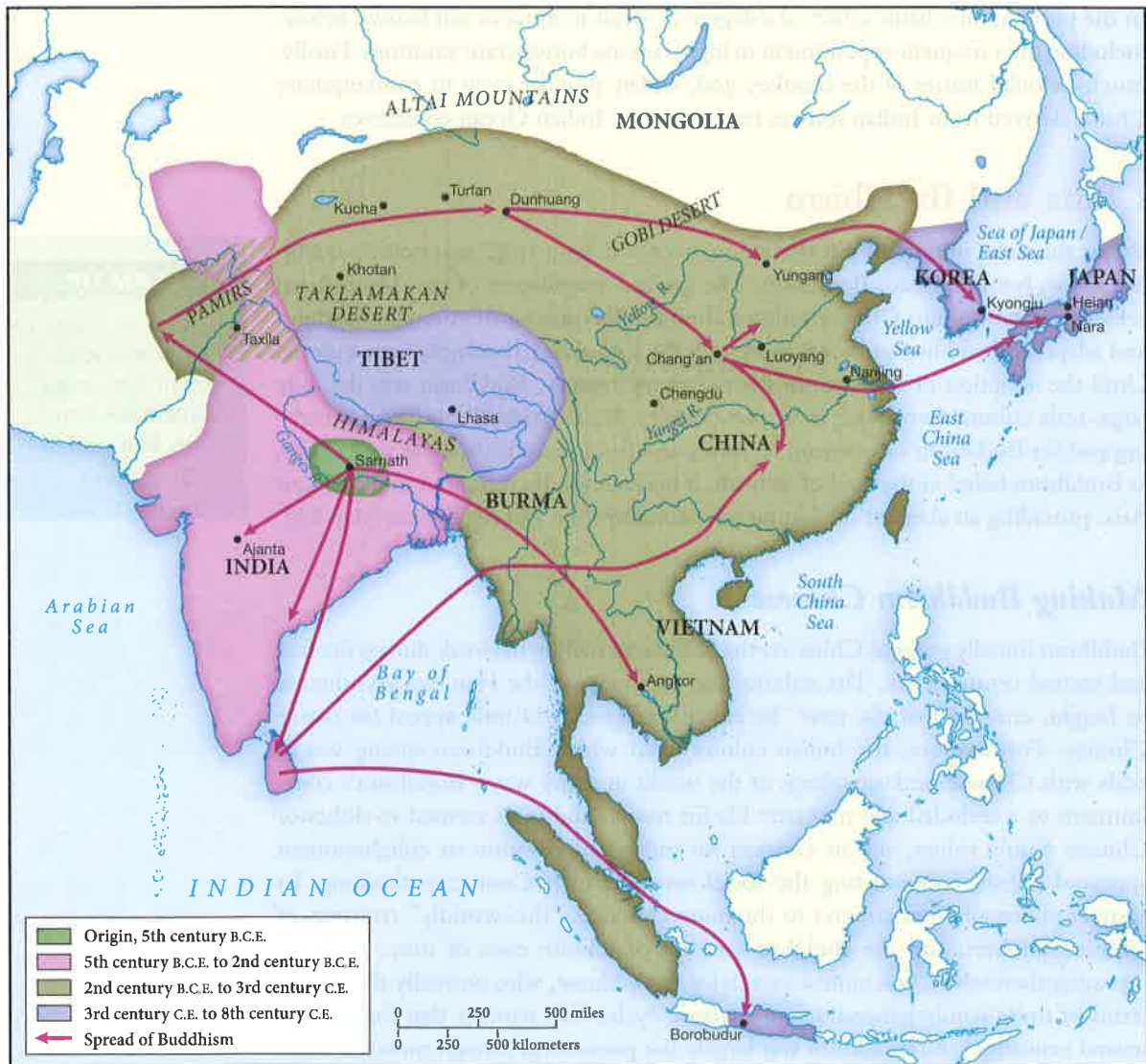
Buddhism initially entered China via the Silk Road trading network during the first and second centuries C.E. The stability and prosperity of the Han dynasty, then at its height, ensured that the new “barbarian” religion held little appeal for native Chinese. Furthermore, the Indian culture from which Buddhism sprang was at odds with Chinese understandings of the world in many ways. Buddhism's commitment to a secluded and monastic life for monks and nuns seemed to dishonor Chinese family values, and its concern for individual salvation or enlightenment appeared selfish, contradicting the social orientation of Confucian thinking. Its abstract philosophy ran counter to the more concrete, “this-worldly” concerns of Chinese thinkers, and the Buddhist concept of infinite eons of time, endlessly repeating themselves, was quite a stretch for the Chinese, who normally thought in terms of finite family generations or dynastic cycles. No wonder that for the first several centuries C.E., Buddhism was largely the preserve of foreign merchants and monks living in China.

In the half millennium between roughly 300 and 800 C.E., however, Buddhism took solid root in China within both elite and popular culture, becoming a permanent, though fluctuating, presence in Chinese life. How did this remarkable transformation unfold? It began, arguably, with the collapse of the Han dynasty around 200 C.E. The chaotic, violent, and politically fragmented centuries that followed seriously discredited Confucianism and opened the door to alternative understandings of the world. Nomadic rulers, now governing much of northern China, found Buddhism useful in part because it was foreign. “We were born out of the marches,” declared one of them, “and though we are unworthy, we have complied with our

### Guided Reading Question

#### ■ CHANGE

What facilitated the rooting of Buddhism within China?



**Map 8.5** The World of Asian Buddhism

Originating in India, Buddhism later spread widely throughout much of Asia to provide a measure of cultural or religious commonality across this vast region.

**AP® EXAM TIP**

Study the routes and the broad time-table of the spread of Buddhism.

appointed destiny and govern the Chinese as their prince. . . . Buddha being a barbarian god is the very one we should worship.”<sup>30</sup> Rulers and elite families provided patronage for Buddhist monasteries, temples, and works of art. In southern China, where many northern aristocrats had fled following the disastrous decline of the Han dynasty, Buddhism provided some comfort in the face of a collapsing society.

Its emphasis on ritual, morality, and contemplation represented an intellectually and aesthetically satisfying response to times that were so clearly out of joint.

Meanwhile, Buddhist monasteries increasingly provided an array of social services for ordinary people. In them, travelers found accommodation; those fleeing from China's many upheavals discovered a place of refuge; desperate people received charity; farmers borrowed seed for the next planting; the sick were treated; and children learned to read. And for many, Buddhism was associated with access to magical powers as reports of miracles abounded. Battles were won, rain descended on drought-ridden areas, diseases were cured, and guilt was relieved—all through the magical ministrations of charismatic monks.

Accompanying all of this was a serious effort by monks, scholars, and translators to present this Indian religion in terms that Chinese could more readily grasp. Thus the Buddhist term *dharma*, referring to the Buddha's teaching, was translated as *dao*, or "the way," a notion long familiar in both Daoist and Confucian thinking (see Chapter 4). The Buddhist notion of "morality" was translated with the Confucian term that referred to "filial submission and obedience." Some Indian concepts were modified in the process of translation. For example, the idea that "husband supports wife," which reflected a considerable respect for women and mothers in early Indian Buddhism, became in translation "husband controls wife."<sup>31</sup>

As Buddhism took hold in China, it was primarily in its broader Mahayana form—complete with numerous deities, the veneration of relics, many heavens and hells, and bodhisattvas to aid the believer—rather than its more psychological and individualistic Theravada form (see Chapter 4). One of the most popular expressions of Buddhism in China was the Pure Land School, in which faithfully repeating the name of an earlier Buddha, the Amitabha, was sufficient to ensure rebirth in a beautifully described heavenly realm, the Pure Land. In its emphasis on salvation by faith, without arduous study or intensive meditation, Pure Land Buddhism became a highly popular and authentically Chinese version of the Indian faith.

China's reunification under the Sui and early Tang dynasties witnessed growing state support for Buddhism. The Sui emperor Wendi (r. 581–604 C.E.) had monasteries constructed at the base of China's five sacred mountains, further identifying the imported religion with traditional Chinese culture. He even used Buddhism to justify his military campaigns. "With a hundred victories in a hundred battles," he declared, "we promote the practice of the ten Buddhist virtues."<sup>32</sup> By 600 C.E., some 4,000 monasteries had been established. With state support and growing popular acceptance, they became centers of great wealth. They were largely exempt from taxation and owned large estates; ran businesses such as oil presses, water mills, and pawn shops; collected gems, gold, and lavish works of art; and employed millions of slaves, serfs, and other unfree and dependent workers. But Buddhism, while solidly entrenched in Chinese life by the early Tang dynasty, never achieved the independence from state authorities that the Christian Church acquired in

**AP® EXAM TIP**

You must know examples of changes to major religions as they spread through place and time, like this example of Pure Land Buddhism.

Europe. The examinations for becoming a monk were supervised by the state, and education in the monasteries included the required study of the Confucian classics. In the mid-ninth century, the state showed quite dramatically just how much control it could exercise over the Buddhist establishment.

### *Losing State Support: The Crisis of Chinese Buddhism*

#### AP® EXAM TIP

Be sure you know the interactions of belief systems with political systems.

The impressive growth of Chinese Buddhism was accompanied by a persistent undercurrent of resistance and criticism. Some saw the Buddhist establishment, at least potentially, as a “state within a state” and a challenge to imperial authority. More important was a deepening resentment of its enormous wealth. One fifth-century critic, referring to monks, put the issue squarely: “Why is it that their ideals are noble and far-reaching and their activities still are base and common? [They] become merchants and engage in barter, wrangling with the masses for profit.”<sup>33</sup> Nor did the environmental impact of Buddhist monasteries escape the notice of state officials. In 707 C.E., one such official wrote: “Extensive construction of monasteries are undertaken and large mansions are built. Even though for such works trees are felled to the point of stripping the mountains, it does not suffice. . . . Though earth is moved to the point of obstructing roads, it does not suffice.”<sup>34</sup> When state treasuries were short of funds, government officials cast a covetous eye on these wealthy and tax-exempt monasteries. Furthermore, Buddhism was clearly of foreign origin and offensive for that reason to some Confucian and Daoist thinkers. The celibacy of the monks and their withdrawal from society, the critics argued, undermined the Confucian-based family system of Chinese tradition.

Such criticisms took on new meaning in the changed environment of China after about 800 C.E. Following centuries of considerable foreign influence in China, a growing resentment against foreign culture, particularly among the literate classes, increasingly took hold. The turning point may well have been the An Lushan rebellion (755–763), in which a general of foreign origin led a major revolt against the Tang dynasty. Whatever its origin, an increasingly xenophobic reaction set in among the upper classes, reflected in a desire to return to an imagined “purity” of earlier times. In this setting, the old criticisms of Buddhism became more sharply focused. In 819, Han Yu, a leading figure in the Confucian counterattack on Buddhism, wrote a scathing memorial to the emperor, criticizing his willingness to honor a relic of the Buddha’s finger.

Now the Buddha was of barbarian origin. His language differed from Chinese speech; his clothes were of a different cut; his mouth did not pronounce the prescribed words of the Former Kings. . . . He did not recognize the relationship between prince and subject, nor the sentiments of father and son. . . . I pray that Your Majesty will turn this bone over to the officials that it may be cast into water or fire.<sup>35</sup>

#### Guided Reading Question

##### ■ CHANGE

What were the major sources of opposition to Buddhism within China?

Several decades later, the Chinese state took direct action against the Buddhist establishment as well as against other foreign religions. A series of imperial decrees between 841 and 845 ordered some 260,000 monks and nuns to return to normal life as tax-paying citizens. Thousands of monasteries, temples, and shrines were either destroyed or turned to public use, while the state confiscated the lands, money, metals, and serfs belonging to monasteries. Buddhists were now forbidden to use gold, silver, copper, iron, and gems in constructing their images. These actions dealt a serious blow to Chinese Buddhism. Its scholars and monks were scattered, its creativity diminished, and its institutions came even more firmly under state control.

Despite this persecution, Buddhism did not vanish from China. At the level of elite culture, its philosophical ideas played a role in the reformulation of Confucian thinking that took place during the Song dynasty. At the village level, Buddhism became one element of Chinese popular religion, which also included the veneration of ancestors, the honoring of Confucius, and Daoist shrines and rituals. Temples frequently included statues of Confucius, Laozi, and the Buddha, with little sense of any incompatibility among them. “Every black-haired son of Han,” the Chinese have long said, “wears a Confucian thinking cap, a Daoist robe, and Buddhist sandals.” (See photo, page 146.) Unlike in Europe, where an immigrant religion triumphed over and excluded all other faiths, Buddhism in China became assimilated into Chinese culture alongside its other traditions.

## REFLECTIONS

### Why Do Things Change?

The rapidity of change in modern societies is among the most distinctive features of recent history, but change and transformation, though at various rates, have been constants in the human story since the very beginning. Explaining how and why human societies change is perhaps the central issue that historians confront, no matter which societies or periods of time they study. Those who specialize in the history of some particular culture or civilization often emphasize sources of change operating within those societies, although there is intense disagreement as to which are most significant. The ideas of great thinkers, the policies of leaders, struggles for power, the conflict of classes, the invention of new technologies, the growth or decline in population, variations in climate or weather—all of these and more have their advocates as the primary motor of historical transformation.

Of course, it is not necessary to choose among them. The history of China illustrates the range of internal factors that have driven change in that civilization. The political conflicts of the “era of warring states” provided the setting and the motivation for the emergence of Confucianism and Daoism, which in turn have certainly shaped the character and texture of Chinese civilization over many centuries. The



personal qualities and brutal policies of Shihuangdi surely played a role in China's unification and in the brief duration of the Qin dynasty. The subsequent creation of a widespread network of canals and waterways as well as the country's technological achievements served to maintain that unity over very long periods of time. But the massive inequalities of Chinese society generated the peasant upheavals, which periodically shattered that unity and led to new ruling dynasties. Sometimes natural events, such as droughts and floods, triggered those rebellions.

World historians, more than those who study particular civilizations or nations, have been inclined to find the primary source of change in contact with strangers, in external connections and interactions, whether direct or indirect. The history of China and East Asia provides plenty of examples for this point of view as well. Conceptions of China as the “middle kingdom,” infinitely superior to all surrounding societies, grew out of centuries of involvement with its neighbors. Some of those neighbors became Chinese as China's imperial reach grew, especially to the south. Even those that did not, such as Korea, Vietnam, and Japan, were decisively transformed by proximity to the “radiating civilization” of China. China's own cuisine, so distinctive in recent centuries, may well be a quite recent invention, drawing heavily on Indian and Southeast Asian cooking. Buddhism, of course, is an obvious borrowing from abroad, although its incorporation into Chinese civilization and its ups and downs within China owed much to internal cultural and political realities.

In the end, clear distinctions between internal and external sources of change in China's history—or that of any other society—are perhaps misleading. The boundary between “inside” and “outside” is itself a constantly changing line. Should the borderlands of northern China, where Chinese and Turkic peoples met and mingled, be regarded as internal or external to China itself? And, as the histories of Chinese Buddhism and of Japanese culture so clearly indicate, what comes from beyond is always transformed by what it encounters within.

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## Chapter Review

### What's the Significance?

Sui dynasty, 324–25	Khitan and Jurchen people, 335–36
Tang dynasty, 325–27	Silla dynasty (Korea), 337–38
Song dynasty, 325–32	<i>hangul</i> , 339
Hangzhou, 327	<i>chu nom</i> , 341
gunpowder, 328–29	Shotoku Taishi, 341
economic revolution, 328–30	<i>bushido</i> , 343
foot binding, 331–32	Izumi Shikibu, 344–45
tribute system, 333–36	Chinese Buddhism, 349–53
Xiongnu, 334–36	Emperor Wendi, 351

## Big Picture Questions

1. How can you explain the changing fortunes of Buddhism in China?
2. How did China influence the world of the third-wave era? How was China itself transformed by its encounters with a wider world?
3. How might China's posture in the world during the Tang and Song dynasty era compare to its emerging role in global affairs in the twenty-first century?
4. **Looking Back:** In what ways did Tang and Song dynasty China resemble the earlier Han dynasty period, and in what ways had China changed?

## Next Steps: For Further Study

Samuel Adshead, *Tang China: The Rise of the East in World History* (2004). Explores the role of China within the larger world.

Patricia Buckley Ebrey, *The Inner Quarters* (1993). A balanced account of the gains and losses experienced by Chinese women during the changes of the Song dynasty.

Mark Elvin, *The Pattern of the Chinese Past* (1973). A classic account of the Chinese economic revolution.

James L. Huffman, *Japan in World History* (2010). The first three chapters of this recent work place Japan's early history in the framework of world history.

Paul S. Ropp, *China in World History* (2010). An up-to-date telling of China's historical development, cast in a global context.

Arthur F. Wright, *Buddhism in Chinese History* (1959). An older account filled with wonderful stories and anecdotes.

"Lost Treasures of the Ancient World—Japan," <http://www.youtube.com/watch?v=i9ObeuCWHiE>. A Discovery Channel video presentation of Japanese history.

*Upper River during the Qing Ming Festival*, <http://www.ibiblio.org/ulysses/gec/painting/qingming/full.htm>. A scrolling reproduction of a huge Chinese painting, showing in detail the Song dynasty city of Kaifeng.

## WORKING WITH EVIDENCE

## The Leisure Life of China's Elites

From the earliest centuries of Chinese civilization, that country's artists have painted—on pottery, paper, wood, and silk; in tombs, on coffins, and on walls; in albums and on scrolls. Relying largely on ink rather than oils, their brushes depicted human figures, landscapes, religious themes, and images of ordinary life. While Chinese painting evolved over many centuries, in terms of both subject matter and technique, by most accounts it reached a high point of artistic brilliance during the Tang and Song dynasties.

Here, however, we are less interested in the aesthetic achievements of Chinese painting than in what those works can show us about the life of China's elite class—those men who had passed the highest-level examinations and held high office in the state bureaucracy and those women who lived within the circles of the imperial court. While they represented only a tiny fraction of China's huge population, such elite groups established the tone and set the standards of behavior for Chinese civilization. For such people, leisure was a positive value, a time for nurturing relationships and cultivating one's character in good Confucian or Daoist fashion. According to the Tang dynasty writer and scholar Duan Chengshi,

Leisure is good.  
Dusty affairs don't entangle the mind.  
I sit facing the tree outside the window  
And watch its shadow change direction three times.<sup>36</sup>

Action and work, in the Chinese view of things, need to be balanced by self-reflection and leisure. In the images that follow, we can catch a glimpse of how the Chinese elite lived and interacted with one another, particularly in their leisure time.

Leading court officials and scholar-bureaucrats must have been greatly honored to be invited to an elegant banquet, hosted by the emperor himself, such as that shown in Source 8.1. Usually attributed to the emperor Huizong (1082–1135)—who was himself a noted painter, poet, calligrapher, and collector—the painting shows a refined dinner gathering of high officials drinking tea and wine with the emperor presiding at the left. This emperor's great attention to the arts rather than to affairs of state gained him a reputation as a negligent and dissolute ruler. His reign ended in disgrace as China suffered a humiliating defeat at the hands of northern nomadic Jin people, who took the emperor captive.



**Source 8.1** A Banquet with the Emperor

- What features of this painting contribute to the impression of imperial elegance?
- What mood does this painting evoke?
- What social distinction among the figures in the painting can you discern?
- How is the emperor depicted in this painting in comparison to that on page 335? How would you explain the difference?
- How might you imagine the conversation around this table?

Elite women of the court likewise gathered to eat, drink, and talk, as illustrated in Source 8.2, an anonymous Tang dynasty painting on silk. Hosting the event is the empress, shown seated upright in the middle of the left side of the table, holding a fan and wearing a distinctive headdress. Her guests and paid professional musicians sit around the table.

- How does this gathering of elite women differ from that of the men in Source 8.1? How might their conversation differ from that of the men?
- To what extent are the emperor and empress in Sources 8.1 and 8.2 distinguished from their guests? How do you think the emperor and



**Source 8.2** At Table with the Empress

empress viewed their roles at these functions? Were they acting as private persons among friends or in an official capacity?

- What differences in status among these women can you identify?
- What view of these women does the artist seek to convey?
- What does the posture of the women suggest about the event?

Confucian cultural ideals gave great prominence to literature, poetry, and scholarly pursuits as leisure activities appropriate for “gentlemen.” Confucius himself had declared that “gentlemen make friends through literature, and through friendship increase their benevolence.” For some, a more reclusive life devoted to study, painting, poetry, and conversation with friends represented an honorable alternative to government service. Thus literary gatherings of scholars and officials, often in garden settings, were common themes in Tang and Song dynasty paintings. Source 8.3, by the tenth-century painter Zhou Wenju, provides an illustration of such a gathering.

### Source 8.3 A Literary Gathering



(Formerly attributed to) Scholars of the Liuli Hall, late 13th century, China. Song Dynasty (960-1279). Handscroll: ink and color on silk. Image: 12 $\frac{3}{4}$  × 50 $\frac{1}{16}$  in. (31.4 × 128.4 cm.). Overall with mounting: 15 $\frac{1}{4}$  × 329 $\frac{1}{2}$  in. (38.4 × 836.9 cm.). Gift of Mrs. Sheila Riddell, in memory of Sir Percival David, 1977 (1977.49). The Metropolitan Museum of Art, New York, NY, USA/Image copyright © The Metropolitan Museum of Art/Image Source: Art Resource, NY

- What marks these figures as cultivated men of literary or scholarly inclination?
- What meaning might you attribute to the outdoor garden setting of this image and that of Source 8.1?
- Notice the various gazes of the four figures. What do they suggest about the character of this gathering and the interpersonal relationships among its participants? Are they interacting or engaged in solitary pursuits?
- Do you think the artist was seeking to convey an idealized image of what a gathering of “gentlemen” ought to be or a realistic portrayal of an actual event? What elements of the painting support your answer?

Not all was poetry and contemplation of nature in the leisure-time activities of China's elite. Nor were men and women always so strictly segregated as the preceding sources may suggest. Source 8.4 illustrates another side of Chinese elite life. These images are part of a long tenth-century scroll painting



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#### Source 8.4 An Elite Night Party

titled *The Night Revels of Han Xizai*. Apparently, the Tang dynasty emperor Li Yu became concerned that one of his ministers, Han Xizai, was overindulging in suspicious nightlong parties in his own home. He therefore commissioned the artist Gu Hongzhong to attend these parties secretly and to record the events in a painting, which he hoped would shame his wayward but talented official into more appropriate and dignified behavior. The entire scroll shows men and women together, sometimes in flirtatious situations, while open sleeping areas suggest sexual activity.

- What kinds of entertainment were featured at this gathering?
- What aspects of these parties shown in the scroll paintings might have caused the emperor some concern? Refer back to the female musicians shown on page 211, which derives from the same painting. In what respects might these kinds of gatherings run counter to Confucian values?
- How are women portrayed in these images? In what ways are they relating to the men in the paintings?

## DOING HISTORY

## The Leisure Life of China's Elites

1. **Describing elite society:** Based on these paintings, write a brief description of the social life of Chinese elites during the Tang and Song dynasties.
2. **Defining the self-image of an elite:** What do these sources suggest about how members of the elite ideally viewed themselves? In what ways do those self-portraits draw upon Confucian, Daoist, or Buddhist teachings?
3. **Noticing differences in the depiction of women:** In what different ways are women represented in these paintings? Keep in mind that all the artists were men. How might this affect the way women were depicted? How might female artists have portrayed them differently?
4. **Using images to illustrate change:** Reread the sections on Chinese women (pages 211–13 and 331–32). How might these images be used to illustrate the changes in women's lives that are described in those pages?
5. **Seeking additional sources:** What other kinds of visual sources might provide further insight into the lives of Chinese elites?