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Culture and Religion in Eurasia/North Africa

600 B.C.E.–600 C.E.

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In September of 2009, Kong Dejun returned to China from her home in Great Britain. The occasion was a birthday celebration for her ancient ancestor Kong Fuzi, or Confucius, born 2,560 years earlier. Together with some 10,000 other people—descendants, scholars, government officials, and foreign representatives—Kong Dejun attended ceremonies at the Confucian Temple in Qufu, the hometown of China's famous sage. "I was touched to see my ancestor being revered by people from different countries and nations," she said.¹ What made this celebration remarkable was that it took place in a country still ruled by the Communist Party, which had long devoted enormous efforts to discrediting Confucius and his teachings. In the view of communist China's revolutionary leader, Mao Zedong, Confucianism was associated with class inequality, patriarchy, feudalism, superstition, and all things old and backward. But the country's ancient teacher and philosopher had apparently outlasted its revolutionary hero, for now the Communist Party claims Confucius as a national treasure and has established over 300 Confucian Institutes to study his writings. He appears in TV shows and movies, even as many anxious parents offer prayers at Confucian temples when their children are taking the national college entrance exams.

Buddhism and Daoism (DOW-i'zm) have also experienced something of a revival in China, as thousands of temples, destroyed during the heyday of communism, have been repaired and reopened. Christianity too has grown rapidly since the death of Mao in 1976. Here are reminders, in a Chinese context, of the continuing appeal of cultural traditions forged long ago. Those traditions are among the most enduring legacies that second-wave civilizations have bequeathed to the modern world.

China's Cultural Traditions In this idealized painting, attributed to the Chinese artist Wang Shugu (1649–1730), the Chinese teacher Confucius presents a baby Buddha to the Daoist master Laozi. The image illustrates the assimilation of a major Indian religion into China as well as the generally peaceful coexistence of these three traditions.

AP® EXAM TIP

Expect questions on the AP® exam about the formation, beliefs, and effects of religions and philosophies that developed in the classical era (ca. 600 B.C.E.–ca. 600 C.E.).

In the several centuries surrounding 500 B.C.E., something quite remarkable happened all across Eurasia. More or less simultaneously, in China, India, the Middle East, and Greece, there emerged cultural traditions that have spread widely, have persisted in various forms into the twenty-first century, and have shaped the values and outlooks of most people who have inhabited the planet over the past 2,500 years. But we do well to remember that alongside these larger and more extensive cultural systems flourished a multitude of locally embedded and orally transmitted religious traditions. Within the major civilizations, these so-called “little traditions” interacted constantly with the “great traditions,” and in societies that lay beyond the zone of civilization, such as those in Aboriginal Australia, they linked living human beings to the land, to the vegetable and animal worlds, to their ancestors, and to the gods or spirits that inhabited everything. (See, for example, the Aboriginal Dreamtime stories in *Working with Evidence*, Chapter 1, page 49, and the discussion of ancient African religious beliefs in Chapter 6, pages 254–55.) Here, however, the spotlight falls on those spiritual or religious traditions that emerged from the civilizations of the second-wave era.

In China, it was the time of Confucius and Laozi (low-ZUH), whose teachings gave rise to Confucianism and Daoism, respectively. In India, a series of religious writings known as the Upanishads gave expression to the classical philosophy of what we know as Hinduism, while a religious reformer, Siddhartha Gautama (sih-DHAR-tuh GOW-tau-mah), set in motion a separate religion known later as Buddhism. In the Middle East, a distinctively monotheistic religious tradition appeared. It was expressed in Zoroastrianism, derived from the teachings of the Persian prophet Zarathustra (zar-uh-THOO-struh), and in Judaism, articulated in Israel by a number of Jewish prophets such as Amos, Jeremiah, and Isaiah. Later, this Jewish religious outlook became the basis for both Christianity and Islam. Finally, in Greece, a rational and humanistic tradition found expression in the writings of Socrates, Plato, Aristotle, and many others.

These cultural traditions differed greatly. Chinese and Greek thinkers focused more on the affairs of this world and credited human rationality with the power to understand that reality. Indian, Persian, and Jewish intellectuals, by contrast, explored the unseen realm of the Divine and the relationship of God or the gods to human life. All these traditions sought an alternative to an earlier polytheism, in which the activities of various gods and spirits explained what happened in this world. These gods and spirits had generally been seen as similar to human beings, though much more powerful. Through ritual and sacrifice, men and women might placate the gods or persuade them to do human bidding. In contrast, the new cultural traditions of the second-wave era sought to define a single source of order and meaning in the universe, some moral or religious realm, sharply different from and higher than the sphere of human life. The task of humankind, according to these new ways of thinking, was personal moral or spiritual transformation—often expressed as the development of compassion—by aligning with that higher order.² These enormously rich and varied traditions have collectively posed the great questions of human life and society that have haunted and inspired much of humankind ever

A MAP OF TIME

800–400 B.C.E.	Upanishads composed
9th–6th centuries B.C.E.	Hebrew prophets (Amos, Hosea, Micah, Isaiah)
ca. 7th–6th centuries B.C.E.	Life of Zarathustra
600–300 B.C.E.	Emergence of Greek rationalism
6th–5th centuries B.C.E.	Life of Buddha, Confucius, Laozi
586–539 B.C.E.	Jewish exile in Babylon
558–330 B.C.E.	Achaemenid dynasty in Persia; state support for Zoroastrianism
500–221 B.C.E.	Age of warring states in China
469–399 B.C.E.	Life of Socrates
221–206 B.C.E.	Qin dynasty in China
Early 1st century C.E.	Life of Jesus
10–65 C.E.	Life of Paul
4th century C.E.	Christianity becomes state religion of Roman Empire, Armenia, Axum

since. They also defined and legitimated the hierarchies of class and gender that distinguished the various second-wave civilizations from one another.

Why did these traditions all emerge at roughly the same time? Here we encounter an enduring issue of historical analysis: What is the relationship between ideas and the circumstances in which they arise? Are ideas generated by particular political, social, and economic conditions? Or are they the product of creative human imagination independent of the material environment? Or do they derive from some combination of the two? In the case of these cultural traditions, many historians have noted the tumultuous social changes that accompanied their emergence. An iron-age technology, available since roughly 1000 B.C.E., made possible more productive economies and more deadly warfare. Growing cities, increased trade, the prominence of merchant classes, the emergence of new states and empires, new contacts among civilizations—all of these disruptions, occurring in already-literate societies, led thinkers to question older outlooks and to come up with new solutions to fundamental questions: What is the purpose of life? How should human society be ordered? What is the relationship between human life in this world and the moral or spiritual realms that lie beyond or within? But precisely why various societies developed their own distinctive answers to these questions remains elusive—a tribute, perhaps, to the unpredictable genius of human imagination.

AP® EXAM TIP

You should know when and where each of the major belief systems developed.

SEEKING THE MAIN POINT

Fundamentally, religions are basically alike. Does the material of this chapter support or challenge this idea?

China and the Search for Order

As one of the First Civilizations, China had a tradition of state building that historians have traced back to around 2000 B.C.E. or earlier. When the Zhou dynasty took power in 1122 B.C.E., the notion of the Mandate of Heaven had already taken root, as had the idea that the normal and appropriate condition of China was one of political unity. By the eighth century B.C.E., the authority of the Zhou dynasty and its royal court had substantially weakened, and by 500 B.C.E. any unity that China had earlier enjoyed was long gone. What followed was a period (500–221 B.C.E.) of chaos, growing violence, and disharmony that became known as the age of warring states (see Chapter 3, pages 121–22).

During these dreadful centuries of disorder and turmoil, a number of Chinese thinkers began to consider how order might be restored, how the apparent tranquility of an earlier time could be realized again. From their reflections emerged classical cultural traditions of Chinese civilization.

The Legalist Answer

One answer to the problem of disorder—though not the first to emerge—was a hardheaded and practical philosophy known as Legalism. To Legalist thinkers, the solution to China’s problems lay in rules or laws, clearly spelled out and strictly enforced through a system of rewards and punishments. “If rewards are high,” wrote Han Fei, one of the most prominent Legalist philosophers, “then what the ruler wants will be quickly effected; if punishments are heavy, what he does not want will be swiftly prevented.”³ Legalists generally entertained a rather pessimistic view of human nature. Most people, they believed, were stupid and shortsighted. Only the state and its rulers could act in their long-term interests. Doing so meant promoting farmers and soldiers, the only two groups in society who performed essential functions, while suppressing merchants, aristocrats, scholars, and other classes regarded as useless.

Legalist thinking provided inspiration and methods for the harsh reunification of China under Shihuangdi and the Qin dynasty (221–206 B.C.E.), but the brutality of that short dynasty thoroughly discredited Legalism (see Chapter 3, page 122). Although its techniques and practices played a role in subsequent Chinese statecraft, few philosophers or rulers ever again openly advocated its ideas as the sole guide for Chinese political life. The Han and all subsequent dynasties drew instead on the teachings of China’s greatest sage—Confucius.

The Confucian Answer

Born to an aristocratic family in the state of Lu in northern China, Confucius (551–479 B.C.E.) was both learned and ambitious. Believing that he had found the key to solving China’s problem of disorder, he spent much of his adult life seeking a politi-

AP® EXAM TIP

The political and cultural effects of Legalism in China over time are important concepts for this course.

Guided Reading Question

■ COMPARISON

What different answers to the problem of disorder arose in classical China?

SNAPSHOT Thinkers and Philosophies of the Second-Wave Era

Person	Date	Location	Religion/Philosophy	Key Ideas
Zoroaster	7th century B.C.E. (?)	Persia (present-day Iran)	Zoroastrianism	Single High God; cosmic conflict of good and evil
Hebrew prophets (such as Isaiah, Amos, Jeremiah)	9th–6th centuries B.C.E.	Eastern Mediterranean/ Palestine/Israel	Judaism	Transcendent High God; covenant with chosen people; social justice
Anonymous writers of Upanishads	800–400 B.C.E.	India	Brahmanism/Hinduism	Brahman (the single impersonal divine reality); karma; rebirth; goal of liberation (moksha)
Confucius	6th–5th centuries B.C.E.	China	Confucianism	Social harmony through moral example; secular outlook; importance of education; family as model of the state
Mahavira	6th century B.C.E.	India	Jainism	All creatures have souls; purification through non- violence; opposed to caste
Siddhartha Gautama	6th–5th centuries B.C.E.	India	Buddhism	Suffering caused by desire/ attachment; end of suffering through modest and moral living and meditation practice
Laozi, Zhuangzi	6th–3rd centuries B.C.E.	China	Daoism	Withdrawal from the world into contemplation of nature; simple living; end of striving
Socrates, Plato, Aristotle	5th–4th centuries B.C.E.	Greece	Greek rationalism	Style of persistent question- ing; secular explanation of nature and human life
Jesus	Early 1st century C.E.	Palestine/Israel	Christianity	Supreme importance of love based on intimate relation- ship with God; at odds with established authorities
Saint Paul	1st century C.E.	Palestine/Israel/ eastern Roman Empire	Christianity	Christianity as a religion for all; salvation through faith in Jesus Christ

cal position from which he might put his ideas into action. But no such opportunity came his way. Perhaps it was just as well, for it was as a thinker and a teacher that Confucius left a profound imprint on Chinese history and culture and also on other East Asian societies, such as Korea's and Japan's. After his death, his students

Guided Reading Question

DESCRIPTION

Why has Confucianism been defined as a “humanistic philosophy” rather than a supernatural religion?

AP® EXAM TIP

The political and cultural effects of Confucianism are among the most important concepts in all of China’s long history. Evidence continues on page 153.

collected his teachings in a short book called the *Analects*, and later scholars elaborated and commented endlessly on his ideas, creating a body of thought known as Confucianism.

The Confucian answer to the problem of China’s disorder was very different from that of the Legalists. Not laws and punishments, but the moral example of superiors was the Confucian key to a restored social harmony. For Confucius, human society consisted primarily of unequal relationships: the father was superior to the son; the husband to the wife; the older brother to the younger brother; and, of course, the ruler to the subject. If the superior party in each of these relationships behaved with sincerity, benevolence, and genuine concern for others, then the inferior party would be motivated to respond with deference and obedience. Harmony then would prevail. As Confucius put it, “The relation between superiors and inferiors is like that between the wind and the grass. The grass must bend when the wind blows across it.” Thus, in both family life and in political life, the cultivation of *ren*—translated as human-heartedness, benevolence, goodness, nobility of heart—was the essential ingredient of a tranquil society.

But how were these humane virtues to be nurtured? Believing that people have a capacity for improvement, Confucius emphasized education as the key to moral betterment. He prescribed what we might call a broad liberal arts education emphasizing language, literature, history, philosophy, and ethics, all applied to the practical problems of government. Ritual and ceremonies were also important, for they conveyed the rules of appropriate behavior in the many and varying circumstances of life. For the “superior person,” or “gentleman” in Confucian terms, this process of improvement involved serious personal reflection and a willingness to strive continuously to perfect his moral character.

Filial Piety

The long-enduring social order that Confucius advocated began at home with unquestioning obedience and the utmost respect for parents and other senior members of the family. This Qing dynasty woodcut illustrates the proper filial relationship between father and son in a variety of circumstances. (Chinese colored woodcut, Qing Dynasty [1644–1912]/Private Collection/Roland and Sabrina Michaud/akg-images)



AP® EXAM TIP

The Confucian-based exam system, the concept of filial piety, and Confucian gender roles are all vital to understanding China's history.

Such ideas left a deep mark on Chinese culture. The discrediting of Legalism during the Qin dynasty opened the door to the adoption of Confucianism as the official ideology of the Chinese state, to such an extent that Confucianism became almost synonymous with Chinese culture. As China's bureaucracy took shape during and after the Han dynasty, Confucianism became the central element of the educational system, which prepared students for the examinations required to gain official positions. In those examinations, candidates were required to apply the principles of Confucianism to specific situations that they might encounter in office. Thus generation after generation of China's male elite was steeped in the ideas and values of Confucianism.

Family life had long been central to Chinese popular culture, expressed in the practice of ancestor veneration, including visiting the graves of the deceased, presenting them with offerings, and erecting commemorative tablets and shrines in their honor. In Confucian thinking, the family became a model for political life, a kind of miniature state. Filial piety, the honoring of one's ancestors and parents, was both an end in itself and a training ground for the reverence due to the emperor and state officials.

Confucian views of the family were rigidly patriarchal and set the tone for defining the lives of women and men alike. Those views were linked to a hierarchical understanding of the cosmos in which an inferior and receptive earth was in balance with the superior and creative principle of Heaven. But these were gendered concepts, with Heaven associated with things male and earth with those female. Thus the subordinate and deferential position of women in relation to men was rooted in the structure of the cosmos itself. What this meant for women was spelled out by a somewhat later woman writer, Ban Zhao (bahn jow) (45–116 C.E.), in a famous work called *Lessons for Women*.

Let a woman modestly yield to others. . . . Always let her seem to tremble and to fear. . . . Then she may be said to humble herself before others. . . . To guard carefully her chastity . . . , to choose her words with care . . . , to wash and scrub filth away . . . , with whole-hearted devotion to sew and to weave, to love not gossip and silly laughter, in cleanliness and order to prepare the wine and food for serving guests: [these] may be called the characteristics of womanly work.⁴

Ban Zhao called for greater attention to education for young girls, not because they were equal to boys, but so that a young woman might be better prepared to serve her husband. Education for boys, on the other hand, enabled them to more effectively control their wives.

Corresponding Confucian virtues for ideal men were contained in the paired concepts of *wen* and *wu*, both limited largely to males. The superior principle of *wen* referred to the refined qualities of rationality, scholarship, and literary and artistic abilities, while *wu* focused attention on physical and martial achievements. Thus men alone, and superior men at that, were eligible for the civil service exams

that led to political office and high prestige, while military men and merchants occupied a distinctly lower position in a male social hierarchy.⁵

Beyond defining gender expectations, Confucianism also placed great importance on history, for the ideal good society lay in the past. Confucian ideas were reformist, perhaps even revolutionary, but they were consistently presented as an effort to restore a past golden age. Those ideas also injected a certain democratic element into Chinese elite culture, for the great sage had emphasized that “superior men” and potential government officials were those of outstanding moral character and intellectual achievement, not simply those of aristocratic background. Usually only young men from wealthy families could afford the education necessary for passing examinations, but on occasion villagers could find the resources to sponsor one of their bright sons, potentially propelling him into the stratosphere of the Chinese elite while bringing honor and benefit to the village itself.

Confucian values clearly justified the many inequalities of Chinese society, but they also established certain expectations for the superior parties in China’s social hierarchy. Thus emperors should keep taxes low, administer justice, and provide for the material needs of the people. Those who failed to govern by the moral norms of Confucian values forfeited the Mandate of Heaven and invited upheaval and their replacement by another dynasty. Likewise, husbands should deal kindly with their wives and children, lest they invite conflict and disharmony in the family.

Finally, Confucianism marked Chinese elite culture by its secular, or nonreligious, character. Confucius did not deny the reality of gods and spirits. In fact, he advised people to participate in family and state rituals “as if the spirits were present,” and he believed that the universe had a moral character with which human beings should align themselves. But the thrust of Confucian teaching was distinctly this-worldly and practical, concerned with human relationships, effective government, and social harmony. Asked on one occasion about his view of death and the spirits, Confucius replied that because we do not fully understand this life, we cannot possibly know anything about the life beyond. Members of the Chinese elite generally acknowledged that magic, the gods, and spirits were perhaps necessary for the lower orders of society, but educated people, they argued, would find them of little help in striving for moral improvement and in establishing a harmonious society.

The Daoist Answer

No civilization has ever painted its cultural outlook in a single color. As Confucian thinking became generally known in China, a quite different school of thought also took shape. Known as Daoism, it was associated with the legendary figure Laozi, who, according to tradition, was a sixth-century B.C.E. archivist. He is said to have penned a short poetic volume, the *Daodejing* (DOW-DAY-JIHNG) (*The Way and Its Power*), before vanishing in the wilderness to the west of China on his water buffalo. Daoist ideas were later expressed in a more explicit fashion by the philosopher Zhuangzi (369–286 B.C.E.).

AP® EXAM TIP

You should understand the importance of Confucian-based social hierarchies in East Asia.

AP® EXAM TIP

Take good notes on the basic concepts of Daoism and their effects on East Asian cultures. Know contributions of belief systems to art and architecture, such as the painting on the opposite page, which was inspired by Daoist teachings.

In many ways, Daoist thinking ran counter to that of Confucius, who had emphasized the importance of education and earnest striving for moral improvement and good government. The Daoists ridiculed such efforts as artificial and useless, claiming that they generally made things worse. In the face of China's disorder and chaos, Daoists urged withdrawal into the world of nature and encouraged behavior that was spontaneous, individualistic, and natural. Whereas Confucius focused on the world of human relationships, the Daoists turned the spotlight on the immense realm of nature and its mysterious unfolding patterns. "Confucius roams within society," the Chinese have often said. "Laozi wanders beyond."

The central concept of Daoist thinking is *dao*, an elusive notion that refers to the way of nature, the underlying and unchanging principle that governs all natural phenomena. The *dao* "moves around and around, but does not on this account suffer," wrote Laozi in the *Daodejing*. "All life comes from it. It wraps everything with its love as in a garment, and yet it claims no honor, for it does not demand to be lord. I do not know its name and so I call it the Dao, the Way, and I rejoice in its power."⁶

Amid the world of civilization, so highly valued by Confucius, the Daoists yearned for an earlier time, "an age of perfect virtue" that had been disrupted by Confucian striving for something better. Then, according to one Daoist master, "there were no paths and ramps on the mountains and no boats upon the bridges. . . . There were vast numbers of animals and grasses, and trees reached their natural growth. Wild animals could be taken for walks on leashes, and one could climb up to the nests of magpies and other birds." Such a vision of human harmony with nature contrasted sharply with the Confucian outlook, which urged "the development of a world of culture from a nature experienced as hostile." To Confucians, humankind "disposes over the world of [wild] things, tames wild animals, and brings cowed vermin under his control."⁷ Thus individual Daoists often fled to the mountains, where they might experience the *dao* in union with nature. Li Po, a much-acclaimed Chinese poet of the eighth century, expressed a Daoist sensibility in this short poem:

The birds have vanished into the sky,
And now the last cloud drains away.

Guided Reading Question

■ COMPARISON

How did the Daoist outlook differ from that of Confucianism?



Chinese Landscape Paintings

Focused largely on mountains and water, Chinese landscape paintings were much influenced by the Daoist search for harmony with nature. Thus human figures and buildings were usually eclipsed by towering peaks, waterfalls, clouds, and trees. This thirteenth-century ink-on-silk painting illustrates that sensibility. The poem at the top reads: "Night rains cleansed the capital's suburban farms, / Morning sun brightens the emperor's city; / People work happily in a good year, / Dancing and singing they cross a path in the field." (*Singing and Dancing*, Southern Song Period [960–1279], [ink and watercolor on silk], Ma Yuan [1190–1235]/Palace Museum, Beijing, China/Bridgeman Images)

We sit together, the mountain and me,
until only the mountain remains.⁸

Applied to human life, Daoism invited people to withdraw from the world of political and social activism, to disengage from the public life so important to Confucius, and to align themselves with the way of nature. It meant simplicity in living, small self-sufficient communities, limited government, and the abandonment of education and active efforts at self-improvement. “Give up learning,” declares the *Daodejing*, “and put an end to your troubles.” The flavor of the Daoist approach to life is evident in this passage from the *Daodejing*, describing a small and simple society:

Though there were individuals with the abilities of ten or a hundred men,
there should be no employment of them . . . ;
Though they had boats and carriages, they should have no occasion to ride in them;
though they had buff coats and sharp weapons, they should have no occasion to
use them.
I would make the people return to the use of knotted cords (instead of written
characters).
They should think their (coarse) food sweet; their (plain) clothes beautiful;
their (poor) dwellings places of rest;
and their common (simple) ways sources of enjoyment.
There should be a neighbouring state within sight . . . ,
but I would make the people . . . not have any intercourse with it.⁹

Like Confucianism, the Daoist perspective viewed family life as central to Chinese society, though the element of male/female hierarchy was downplayed in favor of complementarity and balance between the sexes.

Despite its various differences with the ideas of Confucianism, the Daoist perspective was widely regarded by elite Chinese as complementing rather than contradicting Confucian values (see the chapter-opening image on page 146). Such an outlook was facilitated by the ancient Chinese concept of *yin* and *yang*, which expressed a belief in the unity of opposites (see figure).

Thus a scholar-official might pursue the Confucian project of “government by goodness” during the day, but upon returning home in the evening or following his retirement, he might well behave in a more Daoist fashion—pursuing the simple life, reading Daoist philosophy, practicing Daoist meditation and breathing exercises, or enjoying landscape paintings in which tiny human figures are dwarfed by the vast peaks and valleys of the natural world (see image on page 155). Daoism also shaped the culture of ordinary people as it entered popular religion. This kind of Daoism sought to tap the power of the *dao* for practical uses and came to include magic, fortune-telling, and the search for immortality. It also on occasion provided an ideology for peasant uprisings, such as the Yellow Turban Rebellion (184–204 C.E.), which imagined a utopian society without the oppression of governments and landlords (see Chapter 5, pages 197–98). In its many and varied forms, Daoism, like Confucianism, became an enduring element of the Chinese cultural tradition.



The Yin Yang Symbol

Cultural Traditions of Classical India

The cultural development of Indian civilization was far different from that of China. Whereas Confucianism paid little attention to the gods, spirits, and speculation about religious matters, Indian elite culture embraced the Divine and all things spiritual with enthusiasm and generated elaborate philosophical visions about the nature of ultimate reality. But the Indian religious tradition—later called Hinduism—differed from other world religions as well. Unlike Buddhism, Christianity, or Islam, Hinduism had no historical founder; rather, it grew up over many centuries along with Indian civilization. Although it later spread into Southeast Asia, Hinduism was not a missionary religion seeking converts, but was, like Judaism, associated with a particular people and territory.

In fact, “Hinduism” was never a single tradition at all, and the term itself derived from outsiders—Greeks, Muslims, and later the British—who sought to reduce the infinite variety of Indian cultural patterns into a recognizable system. From the inside, however, Hinduism dissolved into a vast diversity of gods, spirits, beliefs, practices, rituals, and philosophies. This endlessly variegated Hinduism served to incorporate into Indian civilization the many diverse peoples who migrated into or invaded the South Asian peninsula over many centuries and several millennia. Its ability to accommodate this diversity gave India’s cultural development a distinctive quality.

South Asian Religion: From Ritual Sacrifice to Philosophical Speculation

Despite the fragmentation and variety of Indian cultural and religious patterns, an evolving set of widely recognized sacred texts provided some commonality. The earliest of these texts, known as the Vedas (VAY-duhs), were collections of poems, hymns, prayers, and rituals. Compiled by priests called Brahmins, the Vedas were for centuries transmitted orally and were reduced to writing in Sanskrit around 600 B.C.E. In the Vedas, historians have caught fleeting glimpses of Indian civilization in its formative centuries (1500–600 B.C.E.). Those sacred writings tell of small competing chiefdoms or kingdoms, of sacred sounds and fires, of numerous gods, rising and falling in importance over the centuries. They also suggest a clearly patriarchal society, but one that afforded upper-class women somewhat greater opportunities than they later enjoyed. Vedic women participated in religious sacrifices, sometimes engaged in scholarship and religious debate, were allowed to wear the sacred thread that symbolized ritual purity in the higher castes, and could on occasion marry a man of their own choosing. The Vedas described as well the elaborate ritual sacrifices that Brahmin priests required. Performing these sacrifices and rituals with great precision enabled the Brahmins to acquire enormous power and wealth, sometimes exceeding even that of kings and warriors. But Brahmins also generated growing criticism, as ritual became mechanical and formal and as Brahmins required heavy fees to perform them.

AP® EXAM TIP

Pay attention to these comparisons of major Eurasian belief systems as you develop your skills in writing comparative essays.

AP® EXAM TIP

You should know examples of writings from major belief systems in world history, such as the Vedas and the Upanishads (see page 158).

Guided Reading Question

■ CHANGE

In what ways did the religious traditions of South Asia change over the centuries?

From this dissatisfaction arose another body of sacred texts, the Upanishads (oo-PAHN-ee-shahds). Composed by largely anonymous thinkers between 800 and 400 B.C.E., these were mystical and highly philosophical works that sought to probe the inner meaning of the sacrifices prescribed in the Vedas. In the Upanishads, external ritual gave way to introspective thinking, which expressed in many and varied formulations the central concepts of philosophical Hinduism that have persisted into modern times. Chief among them was the idea of Brahman, the World Soul, the final and ultimate reality. Beyond the multiplicity of material objects and individual persons and beyond even the various gods themselves lay this primal unitary energy or divine reality infusing all things, similar in some ways to the Chinese notion of the dao. This alone was real; the immense diversity of existence that human beings perceived with their senses was but an illusion.

The fundamental assertion of philosophical Hinduism was that the individual human soul, or *atman*, was in fact a part of Brahman. Beyond the quest for pleasure, wealth, power, and social position, all of which were perfectly normal and quite legitimate, lay the effort to achieve the final goal of humankind—union with Brahman, an end to our illusory perception of a separate existence. This was *moksha* (MOHK-shuh), or liberation, compared sometimes to a bubble in a glass of water breaking through the surface and becoming one with the surrounding atmosphere.

Achieving this exalted state was held to involve many lifetimes, and the notion of *samsara*, or rebirth/reincarnation, became a central feature of Hindu thinking. Human souls migrated from body to body over many lifetimes, depending on one's actions. This was the law of *karma*. Pure actions, appropriate to one's station in life, resulted in rebirth in a higher social position or caste. Thus the caste system of distinct and ranked groups, each with its own duties, became a register of spiritual progress. Birth in a higher caste was evidence of "good karma," based on actions in a previous life, and offered a better chance to achieve moksha, which brought with it an end to the painful cycle of rebirth.

If Hinduism underpinned caste, it also legitimated and expressed India's gender system. As South Asian civilization crystallized during the second-wave era, its patriarchal features tightened. Women were increasingly seen as "unclean below the navel," forbidden to learn the Vedas, and excluded from public religious rituals. The Laws of Manu, probably composed in the early centuries of the Common Era, described a divinely ordained social order and articulated a gender system whose ideals endured for a millennium or more. It taught that all embryos were basically male and that only weak semen generated female babies. It advocated child marriage for girls to men far older than themselves. "A virtuous wife," the Laws proclaimed, "should constantly serve her husband like a god" and should never remarry after his death. In a famous prescription similar to that of Chinese and other patriarchal societies, the Laws declared: "In childhood a female must be subject to her father; in youth to her husband; when her lord is dead to her sons; a woman must never be independent."¹⁰

AP® EXAM TIP

Know the basic teachings of the major Eurasian belief systems, like reincarnation in Hinduism.

AP® EXAM TIP

Take good notes on the social and political effects of India's caste system, both here and in Chapter 5.

Hindu Ascetics

Hinduism called for men in the final stage of life to leave ordinary ways of living and withdraw into the forests to seek spiritual liberation, or moksha. Here, in an illustration from an early thirteenth-century Indian manuscript, a holy man explores a text with three disciples in a secluded rural setting. (Musée des Arts Asiatiques—Guimet, Paris, France/© RMN—Grand Palais/Art Resource, NY)

And yet some aspects of Hinduism served to empower women. Sexual pleasure was considered a legitimate goal for both men and women, and its many and varied techniques were detailed in the *Kamasutra*. Many Hindu deities were female, some life-giving and faithful, others, like Kali, fiercely destructive. Women were particularly prominent in the growing devotional cults dedicated to particular deities, where neither gender nor caste was an obstacle to spiritual fulfillment.

A further feature of Hindu religious thought lay in its provision of different paths to the ultimate goal of liberation, or moksha. Various ways to this final release, appropriate to people of different temperaments, were spelled out in Hindu teachings. Some might achieve moksha through knowledge or study; others by means of detached action in the world, doing one's work without regard to consequences; still others through passionate devotion to some deity or through extended meditation practice. Such ideas—carried by Brahmin priests and wandering ascetics or holy men, who had withdrawn from ordinary life to pursue their spiritual development—became widely known throughout India.



The Buddhist Challenge

About the same time as philosophical Hinduism was emerging, another movement took shape that soon became a distinct and separate religious tradition—Buddhism. Unlike Hinduism, this new faith had a historical founder, Siddhartha Gautama (ca. 566–ca. 486 B.C.E.), a prince from a small north Indian state. According to Buddhist tradition, the prince had enjoyed a sheltered and delightful youth but was shocked to his core upon encountering old age, sickness, and death. Leaving family and fortune behind, he then set out on a six-year spiritual quest, finally achieving insight, or “enlightenment,” at the age of thirty-five. For the rest of his life, he taught what he had learned and gathered a small but growing community whose members came to see him as the Buddha, the Enlightened One, a human being who had awakened.

AP® EXAM TIP

It is important to understand the beliefs and spread of Buddhism as it developed.

Guided Reading Question

■ COMPARISON

In what ways did Buddhism reflect Hindu traditions, and in what ways did it challenge them?



Classic Indian Buddha

This sixth-century C.E. image of the Buddha from eastern India shows a classical representation of the great teacher. The Buddha's right hand with palm facing the viewer indicates reassurance, or "have no fear." The partially webbed fingers are among the *lakshanas*, or signs of a Buddha image, that denote the Buddha's unique status. So too is the knot on the top of his head, symbolizing enlightenment. The elongated earlobes remind the viewer that earlier in his life the Buddha wore heavy and luxurious earrings, while his partially closed and downcast eyes and his bare feet indicate detachment from the world. (Standing Buddha, India [probably Bihar]. Gupta period. Late 6th–early 7th century. Bronze. H. 18½ x 6⅞ in. [47.0 x 15.6 cm.]. Hands: Diam. 5⅞ in. [14.3 cm.]. Purchase, Florance Waterbury Bequest, 1969 [69.222]. Photo: Bruce White. The Metropolitan Museum of Art, New York, NY, USA/Image copyright © Metropolitan Museum of Art/Image source: Art Resource, NY)

"I teach but one thing," the Buddha said, "suffering and the end of suffering." To the Buddha, suffering or sorrow—experiencing life as imperfect, impermanent, and unsatisfactory—was the central and universal feature of human life. Widely known to Buddhists as *dukkha*, this kind of suffering derived from desire or craving for individual fulfillment, from attachment to that which inevitably changes, particularly to the notion of a core self or ego that is uniquely and solidly "me." The cure for this "dis-ease" lay in living a modest and moral life combined with meditation practice. Those who followed the Buddhist path most fully could expect to achieve enlightenment, or *nirvana*, a virtually indescribable state in which individual identity would be "extinguished" along with all greed, hatred, and delusion. With the pain of unnecessary suffering finally ended, the enlightened person would experience an overwhelming serenity, even in the midst of difficulty, as well as an immense loving-kindness, or compassion, for all beings. It was a simple message, elaborated endlessly and in various forms by those who followed the Buddha.

Much of the Buddha's teaching reflected the Hindu traditions from which it sprang. The idea that ordinary life is an illusion, the concepts of karma and rebirth, the goal of overcoming the incessant demands of the ego, the practice of meditation, the hope for final release from the cycle of rebirth—all of these Hindu elements found their way into Buddhist teaching. In this respect, Buddhism was a simplified and more accessible version of Hinduism.

Other elements of Buddhist teaching, however, sharply challenged prevailing Hindu thinking. Rejecting the religious authority of the Brahmins, the Buddha ridiculed their rituals and sacrifices as irrelevant to the hard work of dealing with one's suffering. Nor was he much interested in abstract speculation about the creation of the world or the existence of God, for such questions, he declared, "are not useful in the quest for holiness; they do not lead to peace and to the direct knowledge of *nirvana*." Individuals had to take responsibility for their own spiritual development with no help from human authorities or supernatural beings. It was a path of intense self-effort, based on personal experience. The Buddha also challenged the inequalities of a Hindu-based

caste system, arguing that neither caste position nor gender was a barrier to enlightenment. The possibility of “awakening” was available to all.

But when it came to establishing a formal organization of the Buddha’s most devoted followers, the prevailing patriarchy of Indian society made itself felt. Buddhist texts recount that the Buddha’s foster mother, Prajapati Gotami, sought to enter the newly created order of monks but was repeatedly refused admission by the Buddha himself. Only after the intervention of the Buddha’s attendant, Ananda, did he relent and allow women to join a separate order of nuns. Even then, these nuns were subjected to a series of rules that clearly subordinated them to men. Male monks, for example, could officially admonish the nuns, but the reverse was forbidden. Such policies reflected a particular strain of Buddhist thinking that viewed women as a distracting obstacle to male enlightenment.

Nonetheless, thousands of women flocked to join the Buddhist order of nuns, where they found a degree of freedom and independence unavailable elsewhere in Indian society. Buddhist nuns delighted in the relative freedom of their order, where they largely ran their own affairs, were forbidden to do household chores, and devoted themselves wholly to the search for “awakening,” which many apparently achieved. A nun named Mutta declared: “I am free from the three crooked things: mortar, pestle, and my crooked husband. I am free from birth and death and all that dragged me back.”¹¹

Gradually, Buddhist teachings found an audience in India. Buddhism’s egalitarian message appealed especially to lower-caste groups and to women. The availability of its teaching in the local language of Pali, rather than the classical Sanskrit, made it accessible. Establishing monasteries and stupas (commemorative monuments containing relics of the Buddha) on the site of neighborhood shrines to earth spirits or near a sacred tree linked the new religion to local traditions. The most dedicated followers joined monasteries, devoting their lives to religious practice and spreading the message among nearby people. (See *Zooming In: Nalanda*, page 162.) State support during the reign of Ashoka (r. 268–232 B.C.E.) (see Chapter 3, page 133) likewise helped the new religion gain a foothold in India as a distinct tradition separate from Hinduism.

As Buddhism spread, both within and beyond India, differences in understanding soon emerged, particularly as to how nirvana could be achieved or, in a common Buddhist metaphor, how to cross the river to the far shore of enlightenment. The Buddha had taught a rather austere doctrine of intense self-effort, undertaken most actively by monks and nuns who withdrew from society to devote themselves fully to the quest. This early version of the new religion, known as Theravada (Teaching of the Elders), portrayed the Buddha as an immensely wise teacher and model, but certainly not divine. It was more psychological than religious, a set of practices rather than a set of beliefs. The gods, though never completely denied, played little role in assisting believers in their search for enlightenment. In short, individuals were on their own in crossing the river. Each person had to row his or her own boat. Clearly, this was not for everyone.

AP® EXAM TIP

You should know basic differences and similarities between Hinduism and Buddhism.

Guided Reading Question

✎ COMPARISON

What is the difference between the Theravada and Mahayana expressions of Buddhism?

AP® EXAM TIP

Be able to give examples of factors that attract people to belief systems.

Nalanda, India's Buddhist University

Nalanda, a village in the Bihar region of northeastern India, has a storied past in the world of Buddhism, for tradition has it that the Buddha himself visited on several occasions and the Mauryan dynasty emperor Ashoka built a temple there. But the village came to a wider prominence much later during the fifth century C.E. when a huge monastic complex, dedicated to Buddhist learning, began to take shape. Many have viewed it as the world's first university. With eight separate compounds, ten temples, many meditation halls and classrooms, and numerous sculptures, Nalanda was a stunning architectural achievement.

Patronized by the emperors of India's Gupta dynasty and later rulers, Nalanda was supported by the dedicated revenue from 100 or more villages in the region and operated under state supervision. Students, numbering in the many thousands, lived in dormitories and were taught by hundreds of instructors. Scholars and students alike came to Nalanda from all over the Buddhist world and



One of the many temples in the Nalanda complex.

beyond—China, Korea, Japan, Tibet, Indonesia, Persia, and Central Asia. Many spent a few years in Indonesia or elsewhere to improve their Sanskrit before moving on to the highly prestigious Nalanda center. There they had access to a huge library occupying three buildings, one of them a nine-story structure, housing endless books and manuscripts.

If the student body was international, the curriculum was likewise inclusive. While focused on distinctly Buddhist writings, students also studied Hindu sacred texts, Sanskrit grammar, logic, astronomy, medicine, and philosophy. Numerous Buddhist images were joined by those representing Hindu deities. Nalanda was a cosmopolitan place of lively discussion and controversy among rival schools of thought.

Visitors from the more remote regions of the Buddhist world were stunned at what they witnessed at

photo: Votive stupa of the principal temple of Site III/Giraudon/Bridgeman Images

AP® EXAM TIP

Major belief systems often divided and subdivided across time and place. One example is the development of Theravada and Mahayana Buddhism.

By the early centuries of the Common Era, a modified form of Buddhism called Mahayana (mah-huh-YAH-nah) (Great Vehicle) had taken root in parts of India, proclaiming that help was available for the strenuous voyage. Buddhist thinkers developed the idea of *bodhisattvas* (BOH-dih-SAT-vuhs), spiritually developed people who postponed their own entry into nirvana to assist those who were still suffering. The Buddha himself became something of a god, and both earlier and future Buddhas were available to offer help. Elaborate descriptions of these supernatural beings, together with various levels of Heavens and Hells, transformed Buddhism into a popular religion of salvation. Furthermore, religious merit, leading to salvation, might now be earned by acts of piety and devotion, such as contributing to the support of a monastery, and that merit might be transferred to others. This was the Great Vehicle, allowing far more people to make the voyage across the river. (See Working with Evidence, page 183, for the evolution of Buddhism reflected in images.)

Nalanda. In the seventh century C.E., the Chinese Buddhist monk Xuanzang recorded some of his impressions:

Ten thousand monks always lived there, both hosts and guests. They studied Mahayana [Buddhist] teachings and the doctrines of the eighteen schools, as well as worldly books such as the [Hindu] Vedas. They also learned about works on logic, grammar, medicine, and divination. . . . Lectures were given at more than a hundred places in the monastery every day, and the students studied diligently without wasting a single moment. As all the monks who lived there were men of virtue, the atmosphere in the monastery was naturally solemn and dignified. For more than seven hundred years since its establishment, none of the monks had committed any offence.¹²

Xuanzang's comments about the "solemn and dignified" atmosphere of Nalanda may have been a little exaggerated, for reports of dice and board games, tumbling, shooting marbles, sword play, and even performances by dancing girls cast a somewhat different picture. Students apparently will be students.

Turkish Muslim invasions of India around 1200 badly damaged Nalanda; many monks were killed, others fled to Tibet or Nepal, and the library was burned. A Tibetan

visitor in 1235 found a much-reduced Nalanda with only seventy students and one ninety-year-old teacher. The subsequent closure of Nalanda was part of a more general process by which Buddhism largely vanished within India. Even the name of Nalanda was apparently forgotten, as the area came to be called Bargaon. But the scholarship of Nalanda had enriched both Indian science and Buddhist learning and practice in Tibet, China, and elsewhere. In late 2013, the Dalai Lama paid tribute to the Nalanda tradition: "The name Nalanda was very familiar to me as the source of the tradition we follow in Tibet. First we memorize the root text, then study it word by word and then debate it with our fellow students to penetrate the depths of its meaning."¹³

The spectacular ruins of Nalanda began to be excavated in the nineteenth century when India was a British colony. And in 2014, a new, revived, and modern Nalanda University, now a secular institution, welcomed students for the first time, some 1,500 years after the opening of the original Nalanda complex.

Questions: What is most striking to you about Nalanda? How might the experiences of its students compare to your university experience? In what ways did Nalanda's influence stretch beyond India's borders and persist even after its collapse?

Hinduism as a Religion of Duty and Devotion

Strangely enough, Buddhism as a distinct religious practice ultimately died out in the land of its birth as it was reincorporated into a broader Hindu tradition, but it spread widely and flourished, particularly in its Mahayana form, in other parts of Asia. Buddhism declined in India perhaps in part because the mounting wealth of monasteries and the economic interests of their leading figures separated them from ordinary people. Competition from Islam after 1000 C.E. also played a role. But the most important reason for the waning of Buddhism in India was the growth during the first millennium C.E. of a new kind of popular Hinduism, which the masses found more accessible than the elaborate sacrifices of the Brahmins or the philosophical speculations of intellectuals. Expressed in the widely known epic poems called the *Mahabharata* (mah-hah-BAH-rah-tah) and the *Ramayana*, this revived Hinduism indicated more clearly that action in the world and the detached performance of

caste duties might also provide a path to liberation. It was perhaps a response to the challenge of Buddhism.

Guided Reading Question

CHANGE

What new emphases characterized Hinduism as it responded to the challenge of Buddhism?

In the much-beloved Hindu text known as the Bhagavad Gita (BUH-guh-vahd GEE-tuh), the troubled warrior-hero Arjuna is in anguish over the necessity of killing his kinsmen as a decisive battle approaches. But he is assured by his charioteer Lord Krishna, an incarnation of the god Vishnu, that performing his duty as a warrior, and doing so selflessly without regard to consequences, is an act of devotion that would lead to “release from the shackles of repeated rebirth.” This was not an invitation to militarism, but rather an affirmation that ordinary people, not just Brahmins, could also find spiritual fulfillment by selflessly performing the ordinary duties of their lives: “The man who, casting off all desires, lives free from attachments, who is free from egoism, and from the feeling that this or that is mine, obtains tranquility.” Withdrawal and asceticism were not the only ways to moksha.

Also becoming increasingly prominent was yet another religious path—the way of devotion to one or another of India’s many gods and goddesses. Beginning in south India and moving northward, this *bhakti* (BAHK-tee) (worship) movement involved the intense adoration of and identification with a particular deity through songs, prayers, and rituals. By far the most popular deities were Vishnu, the protector and preserver of creation who was associated with mercy and goodness, and Shiva, a god representing the Divine in its destructive aspect, but many others also had their followers. This form of Hindu expression sometimes pushed against the rigid caste and gender hierarchies of Indian society by inviting all to an adoration of the Divine. After all, Krishna in the Bhagavad Gita had declared that “those who take shelter in Me, though they be of lower birth—women, vaishyas [merchants] and shudras [workers]—can attain the supreme destination.”

The proliferation of gods and goddesses, and of their bhakti cults, occasioned very little friction or serious religious conflict. “Hinduism,” writes a leading scholar, “is essentially tolerant, and would rather assimilate than rigidly exclude.”¹⁴ This capacity for assimilation extended to an already-declining Buddhism, which for many people had become yet another cult worshipping yet another god. The Buddha in fact was incorporated into the Hindu pantheon as the ninth incarnation of Vishnu. By 1000 C.E., Buddhism had largely disappeared as a separate religious tradition within India.

Thus a constantly evolving and enormously varied South Asian religious tradition had been substantially transformed. An early emphasis on ritual sacrifice gave way to that of philosophical speculation, devotional worship, and detached action in the world. In the process, that tradition had generated Buddhism, which became the first of the great universal religions of world history, and then had absorbed that new faith back into the fold of an emerging popular Hinduism.

AP® EXAM TIP

Be able to provide examples of the expansion and contraction of major religions over time.

PRACTICING AP® HISTORICAL THINKING

How did the evolution of cultural traditions in India and China differ during the era of second-wave civilizations?

Toward Monotheism: The Search for God in the Middle East

Paralleling the evolution of Chinese and Indian cultural traditions was the movement toward a distinctive monotheistic religious outlook in the Middle East, which found expression in Persian Zoroastrianism and in Judaism. Neither of these religions themselves spread very widely, but the monotheism that they nurtured became the basis for both Christianity and Islam, which have shaped so much of world history over the past 2,000 years. Amid the proliferation of gods and spirits that had long characterized religious life throughout the ancient world, monotheism—the idea of a single supreme deity, the sole source of all life and being—was a radical cultural innovation. That conception created the possibility of a universal religion, open to all of humankind, but it could also mean an exclusive and intolerant faith.

AP[®] EXAM TIP

You should be able to point out similarities and differences between the monotheistic religions in this section and the other major belief systems discussed in this chapter.

Zoroastrianism

During the glory years of the powerful Persian Empire, a new religion arose to challenge the polytheism of earlier times. Tradition dates its Persian prophet, Zarathustra (Zoroaster to the Greeks), to the sixth or seventh century B.C.E., although some scholars place him hundreds of years earlier. Whenever he actually lived, his ideas took hold in Persia and received a degree of state support during the Achaemenid dynasty (558–330 B.C.E.). Appalled by the endemic violence of recurring cattle raids, Zarathustra recast the traditional Persian polytheism into a vision of a single unique god, Ahura Mazda, who ruled the world and was the source of all truth, light, and goodness. This benevolent deity was engaged in a cosmic struggle with the forces of evil, embodied in an equivalent supernatural figure, Angra Mainyu. Ultimately this struggle would be decided in favor of Ahura Mazda, aided by the arrival of a final savior who would restore the world to its earlier purity and peace. At a day of judgment, those who had aligned with Ahura Mazda would be granted new resurrected bodies and rewarded with eternal life in Paradise. Those who had sided with evil and the “Lie” (which found expression as greed, wrath, and envy) were condemned to everlasting punishment. Zoroastrian (zohr-oh-ASS-tree-ahn) teaching thus placed great emphasis on the free will of humankind and the necessity for each individual to choose between good and evil.

The Zoroastrian faith achieved widespread support within the Persian heartland, although it also found adherents in other parts of the empire, such as Egypt, Mesopotamia, and Anatolia. But it never became an active missionary religion and did not spread widely beyond the region. Alexander the Great’s invasion of the Persian Empire and the subsequent Greek-ruled Seleucid dynasty (330–155 B.C.E.) were disastrous for Zoroastrianism, as temples were plundered, priests slaughtered, and sacred writings burned. But the new faith managed to survive this onslaught

Guided Reading Question

CONNECTION

What aspects of Zoroastrianism and Judaism subsequently found a place in Christianity and Islam?



Zoroastrian Fire Altar

Representing the energy of the creator god Ahura Mazda, the fire altar became an important symbol of Zoroastrianism and was often depicted on Persian coins in association with images of Persian rulers. This particular coin dates from the third century C.E. (© AAAC/Topham/The Image Works)

and flourished again during the Parthian (247 B.C.E.–224 C.E.) and Sassanid (224–651 C.E.) dynasties. It was the arrival of Islam and an Arab empire that occasioned the final decline of Zoroastrianism in Persia, although a few believers fled to India, where they became known as Parsis (“Persians”). The Parsis have continued their faith into present times.

Like Buddhism, the Zoroastrian faith vanished from its place of origin, but unlike Buddhism, it did not spread beyond Persia in a recognizable form. Some elements of the Zoroastrian belief system, however, did become incorporated into other religious traditions. The presence of many Jews in the Persian Empire meant that they surely became aware of Zoroastrian ideas. Many of those ideas—including the conflict of God and an evil counterpart (Satan); the notion of a last judgment and resurrected bodies; and a belief in the final defeat of evil, the arrival of a savior (Messiah), and the remaking of the world at the end of time—found a place in an evolving Judaism. Some of these teachings, especially the concepts of Heaven and Hell, later became prominent in those

enormously influential successors to Judaism—Christianity and Islam.¹⁵ Thus the Persian tradition of Zoroastrianism continued to echo well beyond its disappearance in the land of its birth.

Judaism

While Zoroastrianism emerged in the greatest empire of its time, Judaism, the Middle East’s other ancient monotheistic tradition, was born among one of the region’s smaller and, at the time, less significant peoples—the Hebrews. Their traditions, recorded in the Hebrew scriptures, tell of an early migration from Mesopotamia to Canaan under the leadership of Abraham. Those same traditions report that a portion of these people later fled to Egypt, where they were first enslaved and then miraculously escaped to rejoin their kinfolk in Palestine. There, around 1000 B.C.E., they established a small state, which soon split into two parts—a northern kingdom called Israel and a southern state called Judah.

In a region politically dominated by the large empires of Assyria, Babylon, and Persia, these tiny Hebrew communities lived a precarious existence. Israel was conquered by Assyria in 722 B.C.E., and many of its inhabitants were deported to distant regions, where they assimilated into the local culture. In 586 B.C.E., the kingdom of Judah likewise came under Babylonian control, and its elite class was shipped off to exile. “By the rivers of Babylon,” wrote one of their poets, “there we sat down, yea, we wept, when we remembered Zion [Jerusalem].” It was in Babylonian exile that these people, now calling themselves Jews, retained and renewed their cultural identity, and later a small number were able to return to

AP® EXAM TIP

You should know the basic tenets of Judaism and its political and social effects on world history.

Guided Reading Question

DESCRIPTION

What was distinctive about the Jewish religious tradition?

their homeland. A large part of that identity lay in their unique religious ideas. It was in creating that religious tradition, rather than in building a powerful empire, that this small people cast a long shadow in world history.

From their unique historical memory of exodus from Egypt and exile in Babylon, the Hebrews evolved over many centuries a distinctive conception of God. Unlike the peoples of Mesopotamia, India, Greece, and elsewhere—all of whom populated the invisible realm with numerous gods and goddesses—Jews found in their God, whom they called Yahweh (YAH-way), a powerful and jealous deity, who demanded their exclusive loyalty. “Thou shalt have no other gods before me”—this was the first of the Ten Commandments. It was a difficult requirement, for as the Hebrews turned from a pastoral life to agriculture, many of them were attracted by the fertility gods of neighboring peoples. Their neighbors’ goddesses were also attractive, offering a kind of spiritual support that the primarily masculine Yahweh could not. Foreign deities also entered Hebrew culture through royal treaty obligations with nearby states. Thus the emerging Hebrew conception of the Divine was not quite monotheism, for the repeated demands of the Hebrew prophets to turn away from other gods show that those deities remained real for many Jews. Over time, however, the priesthood that supported the one-god theory triumphed. The Jews came to understand their relationship to Yahweh as a contract or a covenant. In return for their sole devotion and obedience to God’s laws, Yahweh would consider the Jews his chosen people, favoring them in battle, causing them to grow in numbers, and bringing them prosperity and blessing.

Unlike the bickering, arbitrary, polytheistic gods of Mesopotamia or ancient Greece, who were associated with the forces of nature and behaved in quite human fashion, Yahweh was increasingly seen as a lofty, transcendent deity of utter holiness and purity, set far above the world of nature, which he had created. But unlike the impersonal conceptions of ultimate reality found in Daoism and Hinduism, Yahweh was encountered as a divine person with whom people could actively communicate. He also acted within the historical process, bringing the Jews out of Egypt or using foreign empires to punish them for their disobedience.

Furthermore, for some, Yahweh was transformed from a god of war, who ordered his people to “utterly destroy” the original inhabitants of the Promised Land, to a god of social justice and compassion for the poor and the marginalized, especially in the passionate pronouncements of Jewish prophets such as Amos and Isaiah. The prophet Isaiah describes Yahweh as rejecting the empty rituals of his chosen but sinful people: “What to me is the multitude of your sacrifices, says the Lord. . . . Wash yourselves, make yourselves clean, . . . cease to do evil, learn to do good; seek justice; correct oppression; defend the fatherless; plead for the widow.”¹⁶

Here was a distinctive conception of the Divine—singular, transcendent, personal, ruling over the natural order, engaged in history, and demanding social



Ancient Israel

justice and moral righteousness above sacrifices and rituals. This set of ideas sustained a separate Jewish identity in both ancient and modern times, and it was this understanding of God that provided the foundation on which those later Abrahamic faiths of Christianity and Islam were built.

Jewish understanding of the natural world likewise informed all three religious traditions. The Jewish scriptures pronounced the world of nature as real and positively valued, not simply an illusion or a distraction from spiritual concerns, as in some versions of Hindu or Buddhist thinking. The first chapter of Genesis ends with God's review of his creation: "And God saw everything that he had made, and behold it was very good." Moreover, the material world disclosed or revealed something of the divine mystery. The writer of the Psalms affirmed that "the heavens declare the glory of God and the firmament shows his handiwork." Much later, the Quran echoed this understanding: "There are signs in the creation of the heavens and the earth, and in the alternation of night and day for people of understanding." Finally, Jewish tradition made human beings the stewards of creation. They were to "have dominion . . . over all the earth," even as Adam and Eve in the Garden of Eden were instructed "to till it and keep it." The Jewish teacher named Jesus affirmed this view of the world in the famous Lord's prayer: "Thy kingdom come, on earth as it is in heaven."

The Cultural Tradition of Classical Greece: The Search for a Rational Order

Unlike the Jews, the Persians, or the civilization of India, Greek thinkers of the second-wave era generated no lasting religious tradition of world historical importance. The religion of these city-states brought together the unpredictable, quarreling, and lustful gods of Mount Olympus, secret fertility cults, oracles predicting the future, and the ecstatic worship of Dionysus, the god of wine. The distinctive feature of the classical Greek cultural tradition was the willingness of many Greek intellectuals to abandon this mythological framework, to affirm that the world was a physical reality governed by natural laws, and to assert that human rationality could both understand these laws and work out a system of moral and ethical life as well. In separating science and philosophy from conventional religion, the Greeks developed a way of thinking that bore some similarity to the secularism of Confucian thought in China.

Precisely why Greek thought evolved in this direction is hard to say. Perhaps the diversity and incoherence of Greek religious mythology presented its intellectuals with a challenge to bring some order to their understanding of the world. Greece's geographic position on the margins of the great civilizations of Mesopotamia, Egypt, and Persia certainly provided intellectual stimulation. Furthermore, the growing role of law in the political life of Athens possibly suggested that a similar regularity also underlay the natural order.

Guided Reading Question

■ DESCRIPTION

What are the distinctive features of the Greek intellectual tradition?

The Greek Way of Knowing

The foundations of this Greek rationalism emerged in the three centuries between 600 and 300 B.C.E., coinciding with the flourishing of Greek city-states, especially Athens, and with the growth of its artistic, literary, and theatrical traditions. The enduring significance of Greek thinking lay not so much in the answers it provided to life's great issues, for the Greeks seldom agreed with one another, but rather in its way of asking questions. Their emphasis on argument, logic, and the relentless questioning of received wisdom; their confidence in human reason; their enthusiasm for puzzling out the world without much reference to the gods—these were the defining characteristics of the major Greek thinkers.

The great exemplar of this approach to knowledge was Socrates (469–399 B.C.E.), an Athenian philosopher who walked about the city engaging others in conversation about the good life. He wrote nothing, and his preferred manner of teaching was not the lecture or exposition of his own ideas but rather a constant questioning of the assumptions and logic of his students' thinking. Concerned always to puncture the pretentious, he challenged conventional ideas about the importance of wealth and power in living well, urging instead the pursuit of wisdom and virtue. He was critical of Athenian democracy and on occasion had positive things to say about Sparta, the great enemy of his own city. Such behavior brought him into conflict with city authorities, who accused him of corrupting the youth of Athens and sentenced him to death. At his trial, he defended himself as the “gadfly” of Athens, stinging its citizens into awareness. To any and all, he declared, “I shall question, and examine and cross-examine him, and if I find that he does not possess virtue, but says he does, I shall rebuke him for scorning the things that are most important and caring more for what is of less worth.”¹⁷

The earliest of the classical Greek thinkers, many of them living on the Ionian coast of Anatolia, applied this rational and questioning way of knowing to the world of nature. For example, Thales, drawing on Babylonian astronomy, predicted an eclipse of the sun and argued that the moon simply reflected the sun's light. He was also one of the first Greeks to ask about the fundamental nature of the universe and came up with the idea that water was the basic stuff from which all else derived, for it existed as solid, liquid, and gas. Others argued in favor of air or fire or some combination. Democritus suggested that atoms, tiny “uncuttable” particles, collided in various configurations to form visible matter. Pythagoras believed that beneath the chaos and complexity of the visible world lay a simple, unchanging mathematical order. What these thinkers had in common was a commitment to a rational and nonreligious explanation for the material world.

Such thinking also served to explain the functioning of the human body and its diseases. Hippocrates and his followers came to believe that the body was composed of four fluids, or “humors,” which caused various ailments when out of proper balance. He also traced the origins of epilepsy, known to the Greeks as “the sacred disease,” to simple heredity: “It appears to me to be nowise more divine nor more

AP[®] EXAM TIP

You should know the effects of Greek approaches to science and logic.



The Death of Socrates

Condemned to death by an Athenian jury, Socrates declined to go into exile, voluntarily drank a cup of poison hemlock, and died in 399 B.C.E. in the presence of his friends. The dramatic scene was famously described by Plato and much later was immortalized on canvas by the French painter Jacques-Louis David in 1787. (*The Death of Socrates*, 1787. Oil on canvas, 51 x 77¼ in. [129.5 x 196.2 cm.]. Catharine Lorillard Wolfe Collection, Wolfe Fund, 1931 [31.45]./The Metropolitan Museum of Art, New York, NY, USA/Image copyright © The Metropolitan Museum of Art/Image source: Art Resource, NY)

sacred than other diseases, but has a natural cause . . . like other afflictions.”¹⁸ A similar approach informed Greek thinking about the ways of humankind. Herodotus, who wrote about the Greco-Persian Wars, explained his project as an effort to discover “the reason why they fought one another.” This assumption that human reasons lay behind the conflict, not simply the whims of the gods, was what made Herodotus a historian in the modern sense of that word. Ethics and government also figured importantly in Greek thinking. Plato (429–348 B.C.E.) famously sketched out in *The Republic* a design for a good society. It would be ruled by a class of highly educated “guardians” led by a “philosopher-king.” Such people would be able to penetrate the many illusions of the material world and to grasp the “world of forms,” in which ideas such as goodness, beauty, and justice lived a real and unchanging existence. Only such people, he argued, were fit to rule.

Aristotle (384–322 B.C.E.), a student of Plato and a teacher of Alexander the Great, represents the most complete expression of the Greek way of knowing, for

he wrote or commented on practically everything. With an emphasis on empirical observation, he cataloged the constitutions of 158 Greek city-states, identified hundreds of species of animals, and wrote about logic, physics, astronomy, the weather, and much else besides. Famous for his reflections on ethics, he argued that “virtue” was a product of rational training and cultivated habit and could be learned. As to government, he urged a mixed system, combining the principles of monarchy, aristocracy, and democracy.

The Greek Legacy

The rationalism of the Greek tradition was clearly not the whole of Greek culture. The gods of Mount Olympus continued to be a reality for many people, and the ecstatic songs and dances that celebrated Dionysus, the god of wine, were anything but rational and reflective. The death of Socrates at the hands of an Athenian jury showed that philosophy could be a threat as well as an engaging pastime. Nonetheless, Greek rationalism, together with Greek art, literature, and theater, persisted long after the glory days of Athens were over. Alexander’s empire and that of the Romans facilitated the spread of Greek culture within the Mediterranean basin and beyond, and not a few leading Roman figures sent their children to be educated in Athens at the Academy, which Plato had founded. An emerging Christian theology was expressed in terms of Greek philosophical concepts, especially those of Plato. Even after the western Roman Empire collapsed, classical Greek texts were preserved in the eastern half, known as the Byzantine Empire or Byzantium.

In the West, however, direct access to Greek texts was far more difficult in the chaotic conditions of post-Roman Europe, and for centuries Greek scholarship was neglected in favor of distinctly Christian writers. Much of that legacy was subsequently rediscovered after the twelfth century C.E. as European scholars gained access to classical Greek texts. From that point on, the Greek legacy has been viewed as a central element of an emerging “Western” civilization. It played a role in formulating an updated Christian theology, in fostering Europe’s Scientific Revolution, and in providing a point of departure for much of European philosophy.

Long before this European rediscovery, the Greek legacy had also entered the Islamic world. Systematic translations of Greek works of science and philosophy into Arabic, together with Indian and Persian learning, stimulated Muslim thinkers and scientists, especially in the fields of medicine, astronomy, mathematics, geography, and chemistry. It was in fact largely from Arabic translations of Greek writers that Europeans became reacquainted with the legacy of classical Greece, especially during the twelfth and thirteenth centuries. Despite the many centuries that have passed since the flourishing of ancient Greek culture, that tradition has remained, especially in the West, an inspiration for those who celebrate the powers of the human mind to probe the mysteries of the universe and to explore the equally challenging domain of human life.

AP® EXAM TIP

Know the effects of the spread of Greek culture throughout Afro-Eurasia over time.

The Birth of Christianity . . . with Buddhist Comparisons

About 500 years after the time of Confucius, the Buddha, Zarathustra, and Socrates, a young Jewish peasant/carpenter in the remote province of Judaea in the Roman Empire began a brief three-year career of teaching and miracle working before he got in trouble with local authorities and was executed. In one of history's most unlikely stories, the life and teachings of that obscure man, barely noted in the historical records of the time, became the basis of the world's second great universal religion, after Buddhism. This man, Jesus of Nazareth, and the religion of Christianity that grew out of his brief career, had a dramatic impact on world history, similar to and often compared with that of India's Siddhartha Gautama, the Buddha.

The Lives of the Founders

The family background of the two teachers could hardly have been more different. Gautama was born to royalty and luxury, whereas Jesus was a rural or small-town worker from a distinctly lower-class family. But both became spiritual seekers, mystics in their respective traditions, who claimed to have personally experienced another and unseen level of reality. Those powerful religious experiences provided the motivation for their life's work and the personal authenticity that attracted their growing band of followers.

Both were “wisdom teachers,” challenging the conventional values of their time, urging the renunciation of wealth, and emphasizing the supreme importance of love or compassion as the basis for a moral life. The Buddha had instructed his followers in the practice of *metta*, or loving-kindness: “Just as a mother would protect her only child at the risk of her own life, even so, let [my followers] cultivate a boundless heart towards all beings.”¹⁹ In a similar vein during his famous Sermon on the Mount, Jesus told his followers: “You have heard that it was said ‘Love your neighbor and hate your enemy,’ but I tell you ‘Love your enemies and pray for those who persecute you.’”²⁰ Both Jesus and the Buddha called for the personal transformation of their followers, through “letting go” of the grasping that causes suffering, in the Buddha's teaching, or “losing one's life in order to save it,” in the language of Jesus.²¹

Despite these similarities, there were also some differences in their teachings and their life stories. Jesus inherited from his Jewish tradition an intense devotion to a single personal deity with whom he was on intimate terms, referring to him as Abba (“papa” or “daddy”). According to the New Testament, the miracles he performed reflected the power of God available to him as a result of that relationship. The Buddha's original message, by contrast, largely ignored the supernatural, involved no miracles, and taught a path of intense self-effort aimed at ethical living and mindfulness as a means of ending suffering. Furthermore, Jesus' teachings had a sharper social and political edge than did those of the Buddha. Jesus spoke more clearly on

Guided Reading Question

❖ COMPARISON

How would you compare the lives and teachings of Jesus and the Buddha? In what different ways did the two religions evolve after the deaths of their founders?

AP® EXAM TIP

Pay attention to these comparisons of Jesus and Siddhartha Gautama as you develop your skills as an essay writer.

behalf of the poor and the oppressed, directly criticized the hypocrisies of the powerful, and deliberately associated with lepers, adulterous women, and tax collectors, all of whom were regarded as “impure.” These actions reflected his lower-class background, the Jewish tradition of social criticism, and the reality of Roman imperial rule over his people, none of which corresponded to the Buddha’s experience. Finally, Jesus’ public life was very brief, probably less than three years, compared to more than forty years for the Buddha. His teachings had so antagonized both Jewish and Roman authorities that he was crucified as a political rebel. The Buddha’s message was apparently less threatening to the politically powerful, and he died a natural death at age eighty.

The Spread of New Religions

Neither Jesus nor the Buddha had any intention of founding a new religion; rather, they sought to revitalize the traditions from which they had come. Nonetheless, Christianity and Buddhism soon emerged as separate religions, distinct from Judaism and Hinduism, proclaiming their messages to a much wider and more inclusive audience. In the process, both teachers were transformed by their followers into gods. According to many scholars, Jesus never claimed divine status, seeing himself as a teacher or a prophet, whose close relationship to God could be replicated by anyone. The Buddha likewise viewed himself as an enlightened but fully human person, an example of what was possible for all who followed the path. But in Mahayana Buddhism, the Buddha became a supernatural being who could be worshipped and prayed to and was spiritually available to his followers. Jesus also soon became divine in the eyes of his early followers, such as Saint Paul and Saint John. According to one of the first creeds of the Church, he was “the Son of God, Very God of Very God,” while his death and resurrection made possible the forgiveness of sins and the eternal salvation of those who believed.

The transformation of Christianity from a small Jewish sect to a world religion began with Saint Paul (10–65 C.E.), an early convert whose missionary journeys in the eastern Roman Empire led to the founding of small Christian communities that included non-Jews. The Good News of Jesus, Paul argued, was for everyone, and Gentile (non-Jewish) converts need not follow Jewish laws or rituals such as circumcision. In one of his many letters to these new communities, later collected as part of the New Testament, Paul wrote, “There is neither Jew nor Greek . . . neither slave nor free . . . neither male nor female, for you are all one in Christ Jesus.”²²

Despite Paul’s egalitarian pronouncement, early Christianity, like Buddhism, offered a mix of opportunities and restrictions for women. Jesus himself had interacted easily with a wide range of women, and they had figured prominently among his followers. Some scholars have argued that Mary Magdalene was a part of his inner circle.²³ And women played leadership roles in the “house churches” of the first century C.E. Nonetheless, some New Testament writings counseled women to “be subject to your husbands” and declared that “it is shameful for a woman to

AP® EXAM TIP

You should know that Buddhism and Christianity developed out of earlier belief systems, Hinduism and Judaism, respectively.

Guided Reading Question

CHANGE

In what ways was Christianity transformed in the five centuries following the death of Jesus?

speak in church.” Men were identified with the role of Christ himself, for “the husband is head of the wife as Christ is head of the Church.”²⁴ It was not long before male spokesmen for the faith had fully assimilated older and highly negative views of women. As daughters of Eve, they were responsible for the introduction of sin and evil into the world and were the source of temptation for men. On the other hand, Jesus’ mother, Mary, soon became the focus of a devotional cult; women were among the martyrs of the early Church; and growing numbers of Christian women, like their Buddhist counterparts, found a more independent space in the monasteries, even as the official hierarchy of the Church became wholly male.

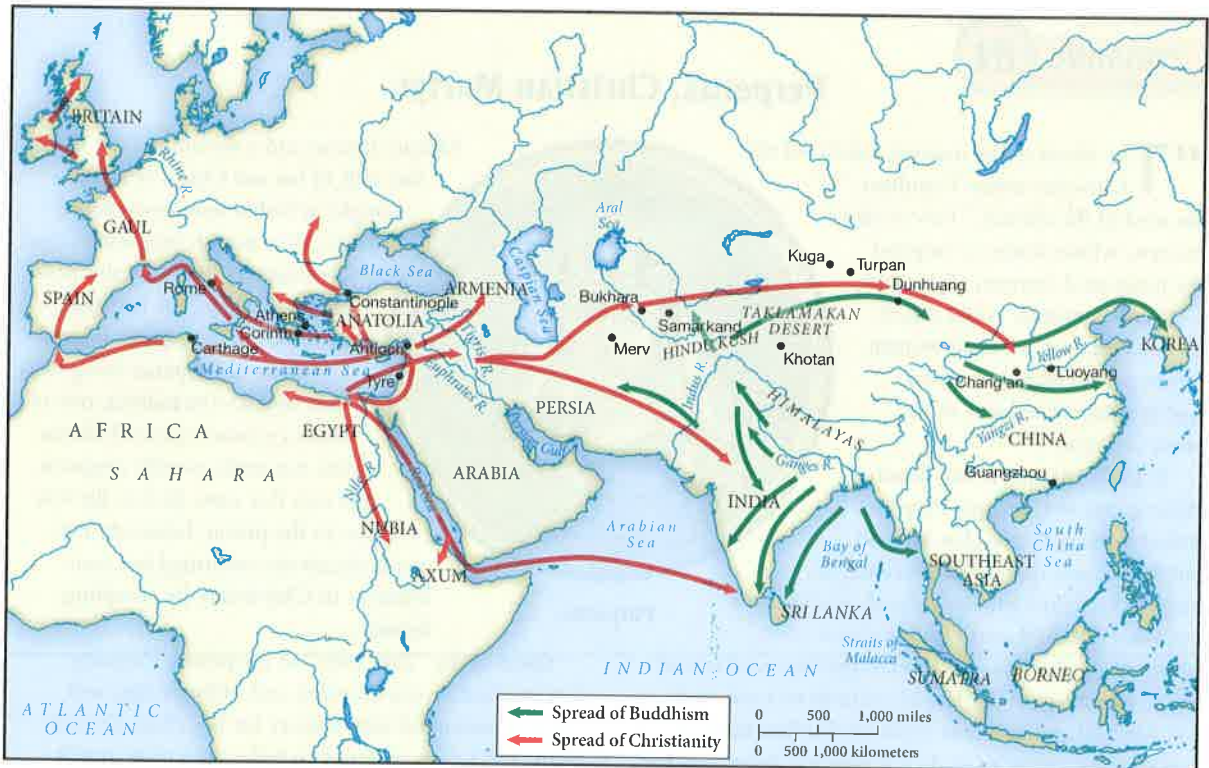
AP® EXAM TIP

As with other world religions, you should know the factors that attracted followers to Christianity across place and time.

Nonetheless, the inclusive message of early Christianity was one of the attractions of the new faith as it spread very gradually within the Roman Empire during the several centuries after Jesus’ death (see Map 4.1). The earliest converts were usually lower-stratum people—artisans, traders, and a considerable number of women—mostly from towns and cities, while a scattering of wealthier, more prominent, and better-educated people subsequently joined the ranks of Christians. The spread of the faith was often accompanied by reports of miracles, healings, and the casting out of demons—all of which were impressive to people thoroughly accustomed to seeing the supernatural behind the events of ordinary life. Christian communities also attracted converts by the way their members cared for one another. In the middle of the third century C.E., the Church in Rome supported 154 priests (of whom 52 were exorcists) and some 1,500 widows, orphans, and destitute people.²⁵ By 300 C.E., perhaps 10 percent of the Roman Empire’s population (some 5 million people) identified themselves as Christians.

Although Christians in the West often think of their faith as a European-centered religion, during the first six centuries of the Christian era, most followers of Jesus lived in the non-European regions of the Roman Empire—North Africa, Egypt, Anatolia, Syria—or outside the empire altogether in Arabia, Persia, Ethiopia, India, and China. Saint Paul’s missionary journeys had established various Christian communities in the Roman province of Asia—what is now Turkey—and also in Syria, where the earliest recorded Christian church building was located. The Syrian Church also developed a unique liturgy with strong Jewish influences and a distinctive musical tradition of chants and hymns. The language of that liturgy was neither Greek nor Latin, but Syriac, a Semitic tongue closely related to Aramaic, which Jesus spoke.

From Syria, the faith spread eastward into Persia, where it attracted a substantial number of converts, many of them well educated in the sciences and medicine, by the third century C.E. Those converts also encountered periodic persecution from the Zoroastrian rulers of Persia and were sometimes suspected of political loyalty to the Roman Empire, Persia’s longtime enemy and rival. To the north of Syria on the slopes of the Caucasus Mountains, the Kingdom of Armenia became the first place where rulers adopted Christianity as a state religion. In time, Christianity



Map 4.1 The Spread of Early Christianity and Buddhism

In the five centuries after the birth of Jesus, Christianity found converts from Spain to northeast Africa, the Middle East, Central Asia, and India. In the Roman Empire, Axum, and Armenia, the new religion enjoyed state support as well. Subsequently, Christianity took root solidly in Europe and after 1000 C.E. in Russia as well. Meanwhile, Buddhism was spreading from its South Asian homeland to various parts of Asia, even as it was weakening in India itself.

became—and remains to this day—a central element of Armenian national identity. A distinctive feature of Armenian Christianity involved the ritual killing of animals at the end of the worship service, probably a continuation of earlier pre-Christian practices.

Syria and Persia represented the core region of the Church of the East, distinct both theologically and organizationally from the Latin Church focused on Rome and an emerging Eastern Orthodox Church based in Constantinople. Its missionaries took Christianity even farther to the east. By the fourth century, and perhaps much earlier, a well-organized Church had taken root in southern India, which later gained tax privileges and special rights from local rulers. In the early seventh century, a Persian monk named Alopen initiated a small but remarkable Christian experiment in China, described more fully in Chapter 10. A modest Christian presence in Central Asia was also an outgrowth of this Church of the East.

Perpetua, Christian Martyr

“The blood of the martyrs,” declared the Christian writer Tertullian, “is the seed of the church.” Few of those martyrs, whose stories so inspired the persecuted converts of the early Christian centuries, could match that of Perpetua, a young woman whose prison diary provides a highly personal account of her arrest and trial.²⁶

Born in 181 C.E. in the North African city of Carthage, Perpetua hailed from an upper-class Roman family and was quite well educated, literate in Latin and probably Greek, and acquainted with Roman philosophical writings. By the time she entered the historical record at age twenty-two, she had given birth to a son, had lost her husband to either death or abandonment, and had recently begun to study Christianity, becoming part of a small but growing group of educated people who were turning toward the new faith. Coinciding with her conversion was a wave of persecutions ordered by the Roman emperor Septimus Severus, also of North



Perpetua.

African descent and a devotee of the Egyptian cult of Isis and Osiris. Severus sought to forbid new conversions rather than punish long-established Christians. In line with this policy, in 203 C.E., the hard-line governor of the region ordered the arrest of Perpetua along with four others—two slaves, one of them a woman named Felicitas who was eight months pregnant, and two free men. Before she was taken to the prison, however, Perpetua decisively confirmed her commitment to Christianity by accepting baptism.

Once in the “dark hole” of the prison, Perpetua was terrified. It was crowded and stiflingly hot, and she was consumed with anxiety for her child. Several fellow Christians managed to bribe the prison guards to permit Perpetua to nurse her baby son. Reunited with her child, she found that “my prison had suddenly

photo: Detail from vault mosaic, Archbishop's Palace, Ravenna, Italy/Scala/Art Resource, NY

In other directions as well, Christianity spread from its Palestinian place of origin. By the time Muhammad was born in 570, a number of Arabs had become Christians. One of them, in fact, was among the first to affirm Muhammad as an authentic prophet. A particularly vibrant center of Christianity developed in Egypt, where tradition holds that Jesus' family fled to escape persecution by King Herod. Egyptian priests soon translated the Bible into the Egyptian language known as Coptic, and Egyptian Christians pioneered various forms of monasticism. By 400 C.E., hundreds of monasteries, cells, and caves dotted the desert, inhabited by reclusive monks dedicated to their spiritual practices. Increasingly, the language, theology, and practice of Egyptian Christianity diverged from that of Rome and Constantinople, giving expression to Egyptian resistance against Roman or Byzantine oppression. To the west of Egypt, a Church of North Africa furnished a number of the intellectuals of the early Church, including Saint Augustine, as well as many

become a palace, so that I wanted to be there rather than anywhere else.”

A few days later, Perpetua’s deeply distressed non-Christian father arrived for a visit, hoping to persuade his only daughter to recant her faith and save her life and the family’s honor. It was a heartbreaking encounter. “Daughter,” he said, “have pity on my grey head. . . . Do not abandon me to be the reproach of men. Think of your brothers, think of your mother and your aunt, think of your child, who will not be able to live once you are gone. Give up your pride! You will destroy all of us! None of us will ever be able to speak freely again if anything happens to you.” Firm in her faith, Perpetua refused his entreaties, and she reported that “he left me in great sorrow.”

On the day of her trial, with her distraught father in attendance, the governor Hilarianus also begged Perpetua to consider her family and renounce her faith by offering a sacrifice to the emperor. Again she refused and together with her four companions was “condemned to the beasts,” a humiliating form of execution normally reserved for the lower classes. Although she was now permanently separated from her child, she wrote, “We returned to the prison in high spirits.” During her last

days in the prison, Perpetua and the others were treated “more humanely” and were allowed to visit with family and friends, as the head of the jail was himself a Christian.

But then, on the birthday of the emperor, this small band of Christians was marched to the amphitheater, “joyfully as though they were going to heaven,” according to an eyewitness account. After the prisoners strenuously and successfully resisted dressing in the robes of pagan priests, the three men were sent into the arena to contend with a boar, a bear, and a leopard. Then it was the turn of the women, Perpetua and the slave Felicitas, who had given birth only two days earlier. When a mad cow failed to kill them, a soldier was sent to finish the work. As he approached Perpetua, he apparently hesitated, but as an eyewitness account put it, “she took the trembling hand of the young gladiator and guided it to her throat.” Appended to her diary was this comment from an unknown observer: “It was as though so great a woman, feared as she was by the unclean spirit, could not be dispatched unless she herself were willing.”

Questions: How might you understand the actions and attitudes of Perpetua? Is her experience accessible to people living in a largely secular modern society?

Christian martyrs to Roman persecution. (See Zooming In: Perpetua, above.) Here and elsewhere, the coming of Christianity provoked not only hostility from Roman political authorities but also tensions within families. The North African Carthaginian writer Tertullian (160–220 C.E.), known as the “father of Latin Christianity,” described the kind of difficulties that might arise between a Christian wife and her “pagan” husband:

She is engaged in a fast; her husband has arranged a banquet. It is her Christian duty to visit the streets and the homes of the poor; her husband insists on family business. She celebrates the Easter Vigil throughout the night; her husband expects her in his bed. . . . She who has taken a cup at Eucharist will be required to take of a cup with her husband in the tavern. She who has foresworn idolatry must inhale the smoke arising from the incense on the altars of the idols in her husband’s home.²⁷

Further south in Africa, Christianity became during the fourth century the state religion of Axum, an emerging kingdom in what is now Eritrea and Ethiopia (see Chapter 6). This occurred at about the same time as both Armenia and the Roman Empire officially endorsed Christianity. In Axum, a distinctively African expression of Christianity took root with open-air services, the use of drums and stringed instruments in worship, and colorful umbrellas covering priests and musicians from the elements. Linked theologically and organizationally to Coptic Christianity in Egypt, the Ethiopian Church used Ge'ez, a local Semitic language and script, for its liturgy and literature.

In the Roman world, the strangest and most offensive feature of the new faith was its exclusive monotheism and its antagonism to all other supernatural powers, particularly the cult of the emperors. Christians' denial of these other gods caused them to be tagged as "atheists" and was one reason behind the empire's intermittent persecution of Christians during the first three centuries of the Common Era. All of that ended with Emperor Constantine's conversion in the early fourth century C.E. and with growing levels of state support for the new religion in the decades that followed.

Roman rulers sought to use an increasingly popular Christianity as glue to hold together a very diverse population in a weakening imperial state. Constantine and his successors thus provided Christians with newfound security and opportunities. The emperor Theodosius (r. 379–395 C.E.) enforced a ban on all polytheistic ritual sacrifices and ordered the temples that practiced them closed. Christians, by contrast, received patronage for their buildings, official approval for their doctrines, suppression of their rivals, prestige from imperial recognition, and, during the late fourth century, the proclamation of Christianity as the official state religion. All of this set in motion a process by which the Roman Empire, and later all of Europe, became overwhelmingly Christian. At the time, however, Christianity was expanding at least as rapidly to the east and south as it was to the west. In 500, few observers could have predicted that the future of Christianity would lie primarily in Europe rather than in Asia and Africa.

The spread of Buddhism in India was quite different from that of Christianity in the Roman Empire. Even though Ashoka's support gave Buddhism a considerable boost, it was never promoted to the exclusion of other faiths. Ashoka sought harmony among India's diverse population through religious tolerance rather than uniformity. The kind of monotheistic intolerance that Christianity exhibited in the Roman world was quite foreign to Indian patterns of religious practice. Although Buddhism subsequently died out in India as it was absorbed into a reviving Hinduism, no renewal of Roman polytheism occurred, and Christianity became an enduring element of European civilization. Nonetheless, Christianity did adopt some elements of religious practice from the Roman world, including, perhaps, the cult of saints and the dating of the birth of Jesus to the winter solstice. In both cases, however, these new religions spread widely beyond their places of origin. Buddhism provided a network of cultural connections across much of Asia, while Christianity during its early centuries established an Afro-Eurasian presence.

AP® EXAM TIP

Be ready to provide examples of how political power was used to promote religion, and vice versa.

Institutions, Controversies, and Divisions

As Christianity spread within the Roman Empire and beyond, it developed a hierarchical organization, with patriarchs, bishops, and priests—all men—replacing the house churches of the early years, in which women played a more prominent part. At least in some places, however, women continued to exercise leadership and even priestly roles, prompting Pope Gelasius in 494 to speak out sharply against those who encouraged women “to officiate at the sacred altars, and to take part in all matters imputed to the offices of the male sex, to which they do not belong.”²⁸ In general, though, the exclusion of women from the priesthood established a male-dominated clergy and a patriarchal church, which has lasted into the twenty-first century.

The emerging Christian movement was, however, anything but unified. Its immense geographic reach, accompanied by inevitable differences in language, culture, and political regime, ensured that a single focus for Christian belief and practice was difficult to achieve. Doctrinal differences also tore at the unity of Christianity and embroiled church authorities in frequent controversy about the nature of Jesus (was he human, divine, or both?), his relationship to God (equal or inferior?), and the always-perplexing concept of the Trinity (God as Father, Son, and Holy Spirit). There was debate as well about what writings belonged in the official New Testament, as dozens of letters, gospels, poems, and songs circulated among the early Christian communities. A series of church councils—at Nicaea (325 C.E.), Chalcedon (451 C.E.), and Constantinople (553 C.E.), for example—sought to define an orthodox, or correct, position on these and other issues, declaring those who disagreed as *anathema* and expelling them from the Church. Thus Egyptian Christians, for example, held to the unorthodox position called Monophysite. This view, that Jesus had a single divine nature simply occupying a human body, expressed resistance to domination from Rome or Constantinople, which held that Jesus was both fully human and fully divine. Likewise, the Church of the East adopted Nestorianism, another unorthodox view that emphasized the human side of Jesus’ nature and distinguished its theology from the Latin and Eastern Orthodox Churches.

Beyond these theological debates, political and cultural differences generated division even among the orthodox. The bishop of Rome gradually emerged as the dominant leader, or pope, of the Church in the western half of the empire, but his authority was sharply contested in the East. This division contributed to the later split between the Latin, or Roman Catholic, and the Greek, or Eastern Orthodox, branches of Christendom, a division that continues to the present (see Chapter 10). Thus the Christian world of 500 C.E. was not only geographically extensive but also politically and theologically very diverse and highly fragmented.

Buddhists too clashed over various interpretations of the Buddha’s teachings, and a series of councils failed to prevent the division between Theravada, Mahayana, and other approaches. A considerable proliferation of different sects, practices, teachings, and meditation techniques subsequently emerged within the Buddhist world, but these divisions generally lacked the “clear-cut distinction between

AP® EXAM TIP

The methods of leadership within Christianity—as well as in all major belief systems—are important concepts.

AP® EXAM TIP

You should know factors that led to divisions within major belief systems, as seen in this example.

‘right’ and ‘wrong’ ideas” that characterized conflicts within the Christian world.²⁹ Although Buddhist states and warrior classes (such as the famous samurai of Japan) sometimes engaged in warfare, religious differences among Buddhists seldom provided the basis for the bitterness and violence that often accompanied religious conflict within Christendom. Nor did Buddhists develop the kind of overall religious hierarchy that characterized Christianity, although communities of monks and nuns, organized in monasteries, created elaborate rules to govern their internal affairs.

PRACTICING AP® HISTORICAL THINKING

How might you understand the appeal of Buddhism and Christianity as opposed to the more rationalist approaches of Greek and Confucian philosophy?

REFLECTIONS

Religion and Historians

To put it mildly, religion has always been a sensitive subject, and no less so for historians than for anyone else. Throughout human history, the vast majority of people have simply assumed the existence of an unseen realm, that of the gods, the spirits, the sacred, or the Divine. They further accepted the capacity of human beings, guided often by tradition, ritual, or religious authority, to align themselves with that other world. But more recently, as an outgrowth of the Scientific Revolution and the European Enlightenment, some have challenged those assumptions, arguing that the only realities worth considering are those that can be accessed with the techniques of science and our five senses. This situation has generated various tensions or misunderstandings between historians and religious practitioners because modern secular historians, whatever their personal beliefs, can rely only on evidence available in this world.

One of these tensions involves the question of change. Most religions present themselves as timeless revelations from the beyond, partaking of eternity or at least reflecting ancient practice. In the eyes of historians, however, the religious aspect of human life changes as much as any other. The Hindu tradition changed from a religion of ritual and sacrifice to one of devotion and worship. Buddhism became more conventionally religious, with an emphasis on the supernatural, as it evolved from Theravada to Mahayana forms. A male-dominated hierarchical Christian Church, with its pope, bishops, priests, and state support, was very different from the small house churches that suffered persecution by imperial authorities in the early Christian centuries. The implication—that religions are largely a human phenomenon—has been troublesome to some believers.

Historians, on the other hand, have sometimes been uncomfortable in the face of claims by believers that they have actually experienced a divine reality, and therein lies a second problem. How could such experiences be verified, when even the biographical details for Buddha and Jesus are difficult to prove by the standards of historians? Certainly, modern historians are in no position to validate or refute

the spiritual claims of these teachers, but we need to take them seriously. Although we will never know precisely what happened to the Buddha as he sat in meditation in northern India or what transpired when Jesus spent forty days in the wilderness, clearly those experiences changed the two men and motivated their subsequent actions. Later, Muhammad likewise claimed to have received revelations from God in the caves outside Mecca. Millions of the followers of these religious leaders have also acted on the basis of what they perceived to be an encounter with the Divine or the unseen. This interior dimension of human experience, though difficult to grasp with any precision and impossible to verify, has been a significant mover and shaper of the historical process.

Yet a third problem arises from debates within particular religious traditions about which group most accurately represents the “real” or authentic version of the faith. Historians usually refuse to take sides in such disputes. They simply notice with interest that most human cultural traditions generate conflicting views, some of which become the basis for serious conflict in societies.

Reconciling personal religious convictions with the perspectives of modern historical scholarship is no easy task. At the very least, all of us can appreciate the immense human effort that has gone into the making of religious traditions, and we can acknowledge the enormous significance of these traditions in the unfolding of the human story. They have shaped the meanings that billions of people over thousands of years have attached to the world they inhabit. These religious traditions have justified the vast social inequalities and oppressive states of human civilizations, but they have also enabled human beings to endure the multiple sufferings that attend human life, and on occasion they have stimulated reform and rebellion. And the religions born in second-wave civilizations have guided much of humankind in our endless efforts to penetrate the mysteries of the world beyond and of the world within.

Chapter Review

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Big Picture Questions

1. Is a secular outlook on the world an essentially modern phenomenon, or does it have precedents in the second-wave era?
2. "Religion is a double-edged sword, both supporting and undermining political authority and social elites." How would you support both sides of this statement?
3. How would you define the appeal of the religious/cultural traditions discussed in this chapter? To what groups were they attractive, and why?
4. Imagine that you were a Roman Christian traveler in the Eurasian world of 500 C.E. writing home about your encounter with other religious traditions. What similarities and differences might you notice? What might you appreciate in those traditions? And what might you find appalling?
5. **Looking Back:** What relationships can you see between the political dimensions of second-wave civilizations described in Chapter 3 and their cultural or religious aspects discussed in this chapter?

Next Steps: For Further Study

Karen Armstrong, *The Great Transformation* (2006). A comparative and historical study of the major religions by a well-known scholar.

Robert N. Bellah, *Religion in Human Evolution: From the Paleolithic to the Axial Age* (2011). An impressive but controversial account of the origins of religion in general and those of second-wave civilizations in particular.

Peter Brown, *The Rise of Western Christendom* (2003). A history of the first 1,000 years of Christianity, cast in a global framework.

Huston Smith, *An Illustrated World's Religions* (1994). A sympathetic account of major world religions, beautifully illustrated, by a prominent scholar of comparative religion.

Arthur Waley, *Three Ways of Thought in Ancient China* (1983). A classic work, first published more than half a century ago, about the major philosophies of old China.

Jonathan S. Walters, *Finding Buddhists in Global History* (1998). A brief account that situates Buddhism in a world history framework.

BBC, "Religions," <http://www.bbc.co.uk/religion/religions/>. A succinct introduction to the history, beliefs, and practices of many of the world's religious traditions.

Bridging World History, "Early Belief Systems," http://www.learner.org/courses/worldhistory/unit_main_5.html. A thoughtful Web site that explores the origins of the religious impulse and many of the traditions covered in this chapter.

WORKING WITH EVIDENCE

Representations of the Buddha

Buddhism derived from a single individual, Siddhartha Gautama, born in northern India, probably in the sixth century B.C.E. The son of royalty, the young Siddhartha enjoyed a splendid but sheltered upbringing encased in luxury, and his father spared no effort to protect the child from anything painful or difficult. At the age of sixteen, he was married to a beautiful cousin, Yasodhara, who bore him a son thirteen years later. Buddhist tradition tells us that while riding beyond the palace grounds, this curious and lively young man encountered human suffering in the form of an old man, a sick person, and a corpse. Shattered by these revelations of aging, illness, and death, Siddhartha determined to find the cause of such sufferings and a remedy for them. And so, at the age of twenty-nine and on the very day his son was born, the young prince left his luxurious life as well as his wife and child, shed his royal jewels, cut off his hair, and set off on a quest for enlightenment. This act of severing his ties to the attachments of ordinary life is known in Buddhist teaching as the Great Renunciation.

What followed were six years of spiritual experimentation that finally led Siddhartha to an ancient fig tree in northern India, now known as the Bodhi (enlightenment) tree. There, Buddhist sources tell us, he began a forty-nine-day period of intensive meditation that ended with an almost indescribable experience of spiritual realization. Now he was the Buddha, the man who had awakened. For the next forty years, he taught what he had learned, setting in motion the cultural tradition of Buddhism. Over many centuries, the religion evolved as it grew in numbers and intersected with various cultures throughout Asia, including those of China, Japan, Tibet, Korea, and Vietnam.

For almost five centuries after his death, which likely took place in the early fifth century B.C.E., artists represented the Buddha as an empty throne, a horse with no rider, a tree, a wheel, or in some other symbolic way, while largely shunning any depiction of him in human form. Among the most widespread of these early symbolic representations of the Buddha were images of his footprints. Found throughout Buddhist Asia, such footprints indicated the Buddha's spiritual presence and served as a focus for devotion or contemplation. They also reminded his followers that since he had passed into nirvana, he could not be physically present. One Buddhist text declared that those who looked on those footprints "shall be freed from the bonds of error, and conducted upon the Way of Enlightenment."³⁰



Source 4.1 Footprints of the Buddha

Source 4.1 shows a footprint image from northwestern India dating probably from the second century C.E. and containing a number of Buddhist symbols. In the center of each footprint is a *dharmachakra*, a wheel-like structure that had long symbolized the Buddha's teaching. Here, it surrounds a lotus flower, representing the Buddha's purity. Near the heel is a three-pronged emblem known as a *triratna*. It symbolizes the three things in which Buddhists can take refuge: the Buddha himself, his teaching, and the *sangha* (the Buddhist community). This particular footprint image also includes in the bottom corners two *yakshis*, Indian female earth spirits suggesting fertility. The position of their hands conveys a respectful greeting.

- Why might artists have been reluctant to portray the human figure of the Buddha?
- Why might the wheel serve as an effective symbol of the Buddha's message?

- What does the inclusion of the yakshis add to the message of this image?
- What overall religious message might this footprint convey to those who gazed on it?

By the first century C.E., the impulse to depict the Buddha in human form had surfaced, with some of the earliest examples coming from the region of South Asia known as Gandhara in what is now northern Pakistan and eastern Afghanistan (see Map 3.3, page 115). That area had been a part of the empire of Alexander the Great and his Hellenistic successors from about 322 B.C.E. to 50 B.C.E. and had developed commercial ties to the Roman Empire as well. These early images of the Buddha reflect this Greco-Roman influence, depicting him with a face similar to that of the Greek god Apollo, dressed in a Roman-style toga, and with curly hair characteristic of the Mediterranean region.

Source 4.2, from India of the second or third century C.E., depicts in Gandhara style a famous scene from the life of the Buddha—his temptation by the demon Mara and Mara’s seductive daughters while meditating under the Bodhi tree.

- How are Mara and his daughters, shown on the right, portrayed in this relief?
- What attitude characterizes the Buddha, shown on the left and surrounded by attendants?
- Why might Greco-Roman cultural influence have stimulated physical representations of the Buddha?
- What larger meaning might the Buddha’s followers take from this story?

By the time of India’s Gupta dynasty (320–550 C.E.), the Greco-Roman influence of the Gandhara style was fading, replaced by more completely Indian images of the Buddha, which became the “classic” model, shown on page 160. Yet, as the message of the Buddha gained a mass following and spread across much of Asia, some of its early features—rigorous and time-consuming meditation practice, a focus on monks and nuns withdrawn from ordinary life, the absence of accessible supernatural figures able to provide help and comfort—proved difficult for many converts. And so the religion adapted. A new form of the faith, Mahayana Buddhism, offered greater accessibility, a spiritual path available to a much wider range of people beyond the monks and ascetics, who were the core group in early Buddhism.

In most expressions of Mahayana Buddhism, enlightenment (or becoming a Buddha) was available to everyone; it was possible within the context of ordinary life, rather than a monastery; and it might occur within a single lifetime rather than over the course of many lives. While Buddhism had

Siddhartha at the Bodhi Tree, 100–200 A.D. (stone), Indian. School/Cleveland Museum of Art, Cleveland, OH, USA/Bridgeman Images



Source 4.2 A Gandhara Buddha

originally put a premium on spiritual wisdom, leading to liberation from rebirth and the achievement of nirvana, Mahayana expressions of the faith emphasized compassion—the ability to feel the sorrows of other people as if they were one’s own. This compassionate religious ideal found expression in the notion of bodhisattvas, fully enlightened beings who postponed their own final liberation in order to assist a suffering humanity. They were spiritual beings, intermediaries between mortal humans and the Buddhas, whose countless images in sculpture or painting became objects of worship and sources of comfort and assistance to many Buddhists.

Across the world of Asian Mahayana Buddhism, the most widely popular of the many bodhisattva figures was that of Avalokitesvara, known in China as Guanyin and in Japan as Kannon. This Bodhisattva of Compassion, often portrayed as a woman or with distinctly feminine characteristics, was known as “the one who hears the cries of the world.” Calling on him or her for assistance, devotees could be rescued from all kinds of danger and distress. Women, for example, might petition for a healthy child. Moral transformation too was possible. According to the *Lotus Sutra*, a major Mahayana text, “Those who act under the impulse of hatred will, after adoring the Bodhisattva Avalokitesvara, be freed from hatred.”

Among the most striking of the many representations of this bodhisattva are those that portray him or her with numerous heads, with which to hear the many cries of a suffering humanity, or with multiple arms to aid them. Source 4.3 provides an illustration of such a figure, a gilded wooden statue from Korea dating to the tenth or eleventh century C.E.

- What elements of Buddhist imagery can you identify in this statue?
- To whom might such an image appeal? And why?
- Some scholars have identified similarities between the Bodhisattva of Compassion and the Virgin Mary in the Christian tradition. What common elements and what differences can you identify?

Beyond providing numerous bodhisattvas, Mahayana Buddhism also populated the spiritual universe with various Buddhas in addition to the historical Buddha. One of these is the Maitreya Buddha, or the Buddha of the future, predicted to appear when the teachings of the historical Buddha have been lost or forgotten. In China, this Buddha of the future was sometimes portrayed as the “laughing Buddha,” a fat, smiling, contented figure, said to be modeled on a tenth-century monk named Budai, who wandered the country merrily spreading happiness and good cheer, while evoking contentment and abundance. Source 4.4 illustrates this Chinese Maitreya Buddha together with some of his disciples in a carving, dating to the tenth through fourteenth centuries, in China’s Feilai Feng caves.

Gilded wooden statue from the Temple of Tongbong-Sa, South Korea, Goryeo Dynasty, 10th–11th century/
Gianni Dagli Orti/DeA Picture Library/The Granger Collection, NYC — All rights reserved.



Source 4.3 A Bodhisattva of Compassion: Avalokitesvara with a Thousand Arms

- How does this Buddha image differ, both physically and in its religious implications, from the other Buddhas already discussed in this feature?
- Why might this image be appealing to some Buddhists, and why might others take exception to it?
- In what ways does this figure represent an adaptation of Buddhist imagery to Chinese culture? Consider what you know about Confucian and Daoist postures to the world.



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Source 4.4 The Chinese Maitreya Buddha

DOING HISTORY

Representations of the Buddha

1. **Tracing change:** What transformations in Buddhist belief and practice are disclosed in these images?
2. **Identifying cultural adaptation:** What evidence do these images provide about the blending of Buddhism into a variety of cultural settings?
3. **Understanding the growth of Buddhism:** What do these images suggest about the appeal of Buddhism to growing numbers of people across Asia?
4. **Considering cultural boundaries:** To what extent are these images meaningful to people outside the Buddhist tradition? In what ways do they speak to universal human needs or desires? What is specifically Buddhist or Asian about them?